
YOUTH RISK BEHAVIOR SURVEY RESULTS



BACKGROUND

- Youth Risk Behavior Survey was administered in March 2017
- APS students in 6th, 8th, 10th and 12th graders

NUMBER OF RESPONDENTS

	Number Sampled*	Number Completed	Response Rate	Number of Usable Responses
2017	3,056	2,218	73%	2,058

**This includes all enrolled in alternative programs and those in randomly sampled classrooms.*

- Data went through QA process to eliminate false or unusable records
- Data Dive held June 2nd collecting feedback from approximately 20 people about trends or highlights

HIGHLIGHTS

- Healthy Relationships
 - Bullying across grades and multiple measures ↑
- Mental Health
 - Percent of youth who report feeling sad or hopeless for two or more weeks during the past year considerably across 8th-12th grade ↑
- Substance Use
 - Regular drinking and binge drinking both ↓
 - Regular marijuana use increased for high school seniors ↑
 - Middle school youth reporting drug use – particularly over-the-counter drugs and prescription medication ↑
- Childhood Obesity
 - Youth describing selves as overweight has ↓
 - Screentime for entertainment has increased ↑

NEW DATA ELEMENTS

- Peer Relationships
 - Another student made unwelcome sexual comments, jokes or gestures on school property
- Mental Health
 - Feeling stressed by school
 - Self-harming behavior during the past year
- Substance Use
 - Riding with a driver who smoked marijuana during the past 30 days
 - Ever used e-vapor products

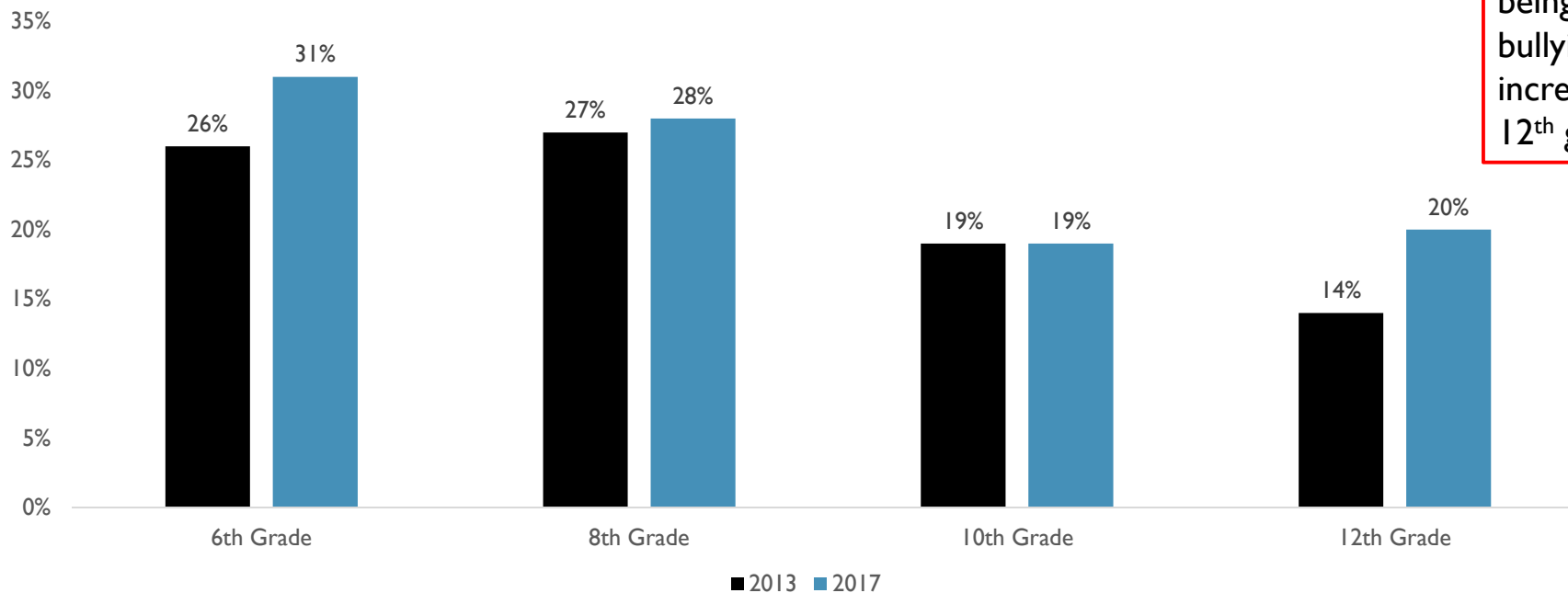


HEALTHY RELATIONSHIPS



HEALTH RELATIONSHIPS – VICTIM OF BULLYING

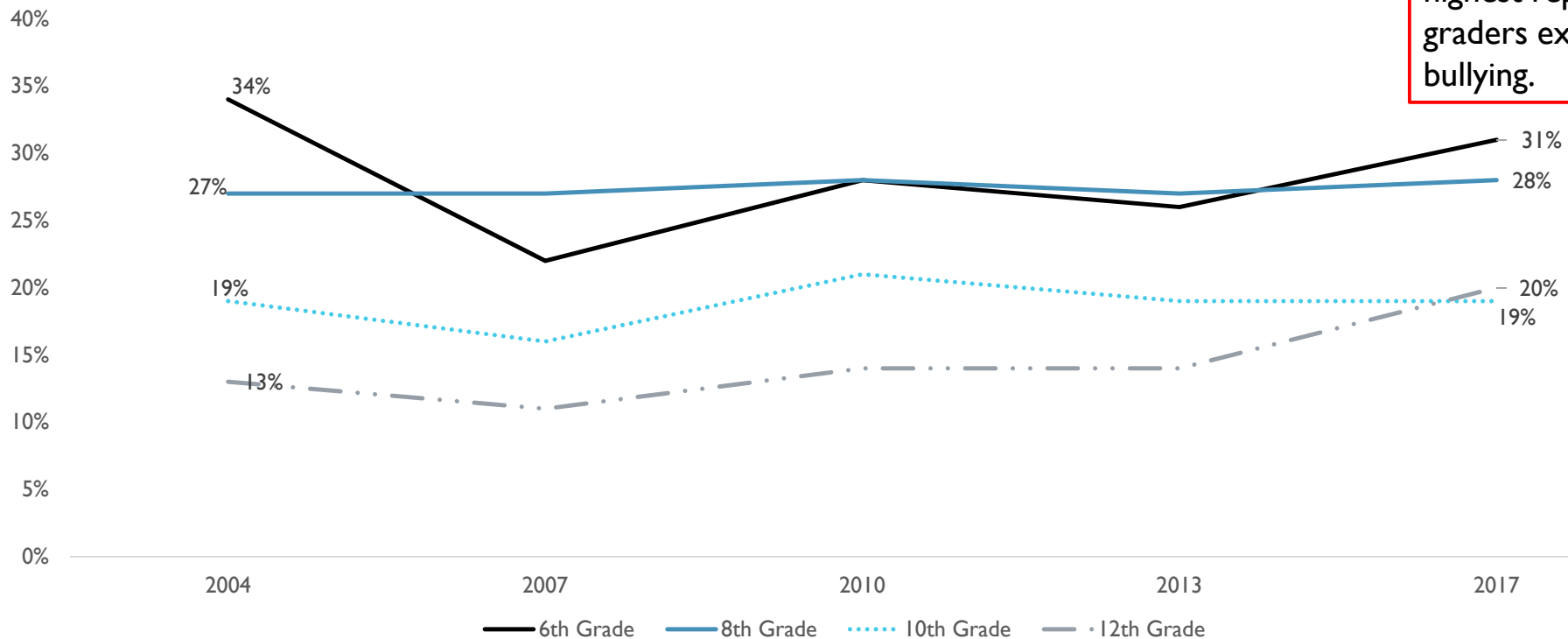
During the past 12 months, have you ever been bullied?
Answered “Yes”



Youth who report being the victim of bullying has increased in 6th and 12th grade.

HEALTHY RELATIONSHIPS – VICTIM OF BULLYING

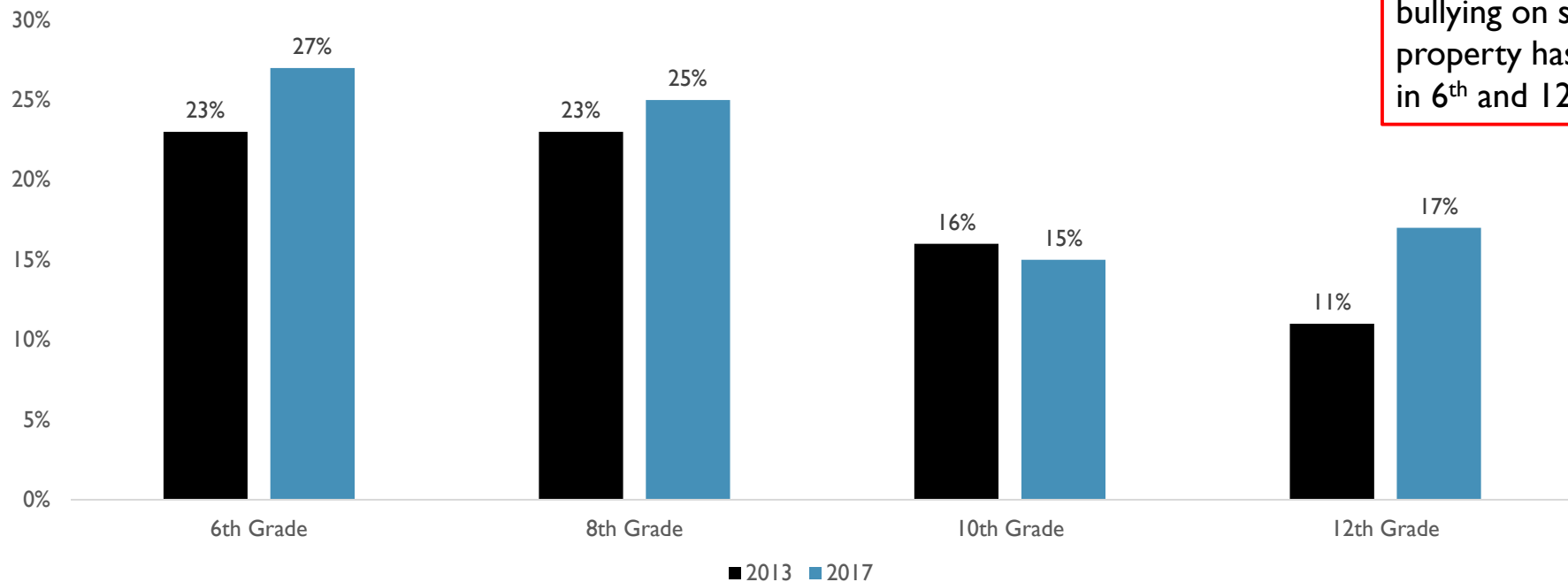
Victim of Bullying, by Grade, 2004-2017



Since 2001, this is the highest report for 12th graders experiencing bullying.

HEALTHY RELATIONSHIPS – BULLIED ON SCHOOL PROPERTY

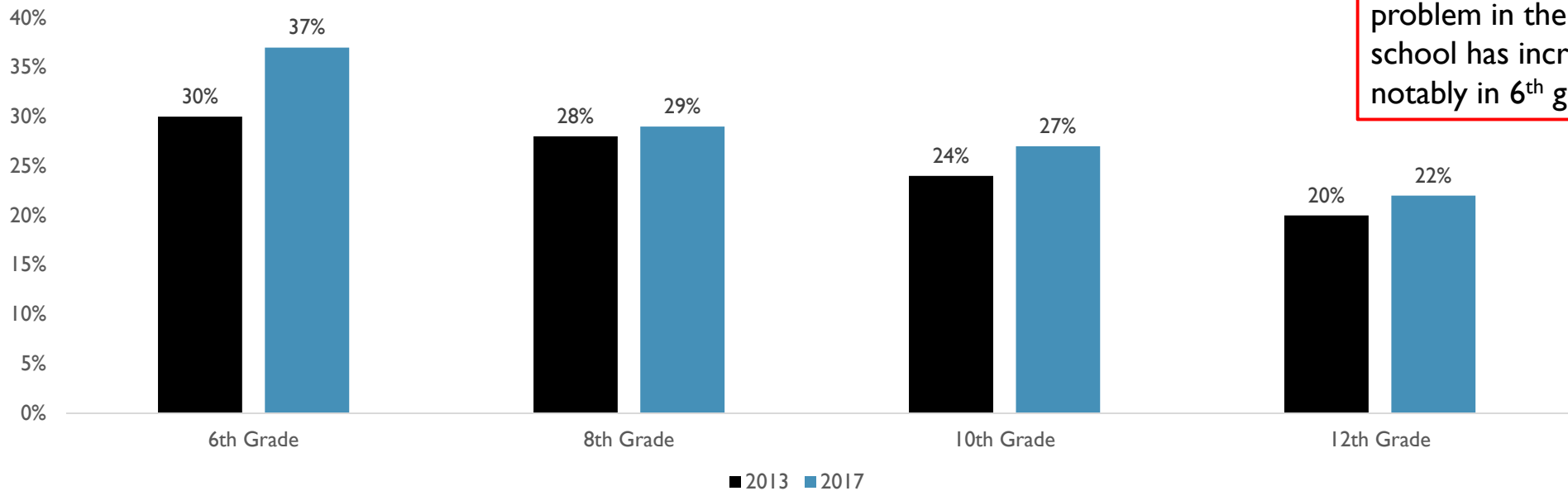
During the past 12 months, have you ever been bullied on school property?
Answered “Yes”



Youth who report being the victim of bullying on school property has increased in 6th and 12th grade.

HEALTHY RELATIONSHIPS – BULLYING IS A SERIOUS PROBLEM IN MY SCHOOL

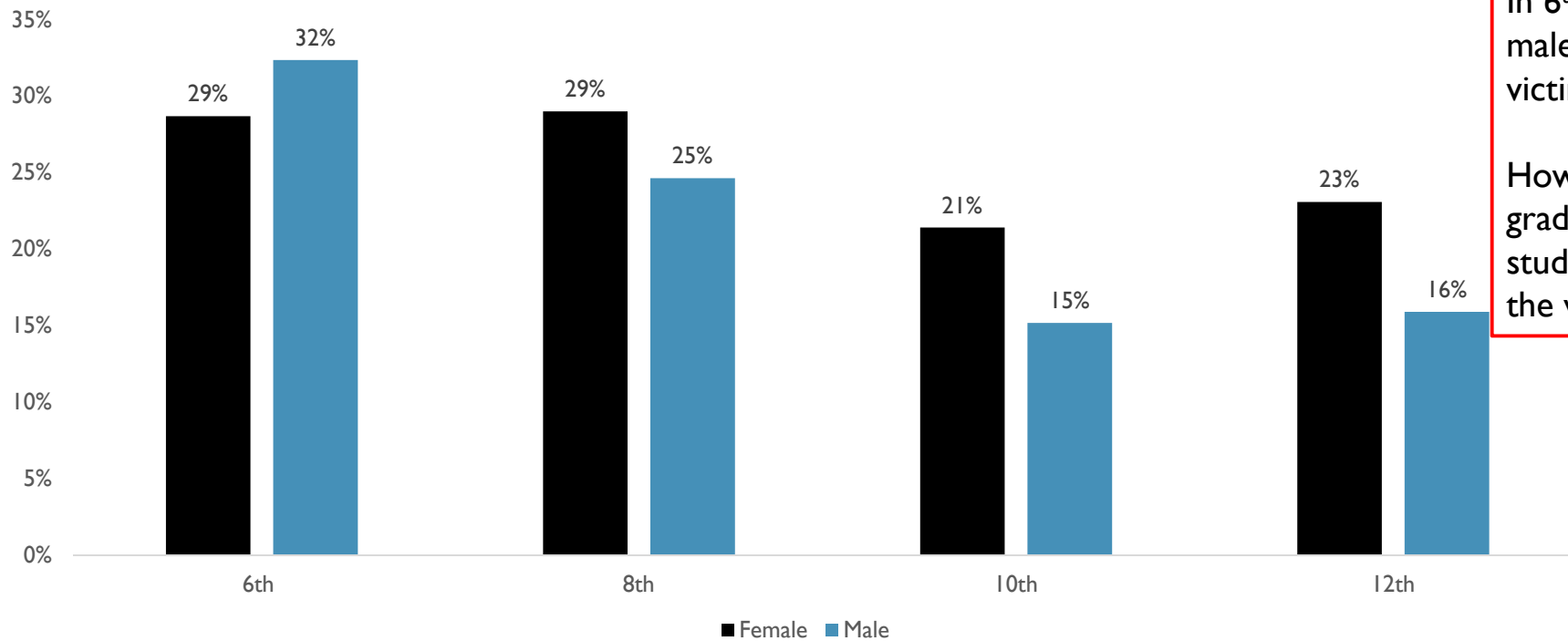
How much do you agree or disagree with the following statement? Bullying is a serious problem in my school.
Answered: "Agree" or "Strongly Agree"



Youth who report that bullying is a serious problem in their school has increased notably in 6th grade.

HEALTHY RELATIONSHIPS – VICTIM OF BULLYING, GRADE AND GENDER

Victim of Bullying, by Grade and Gender, 2017



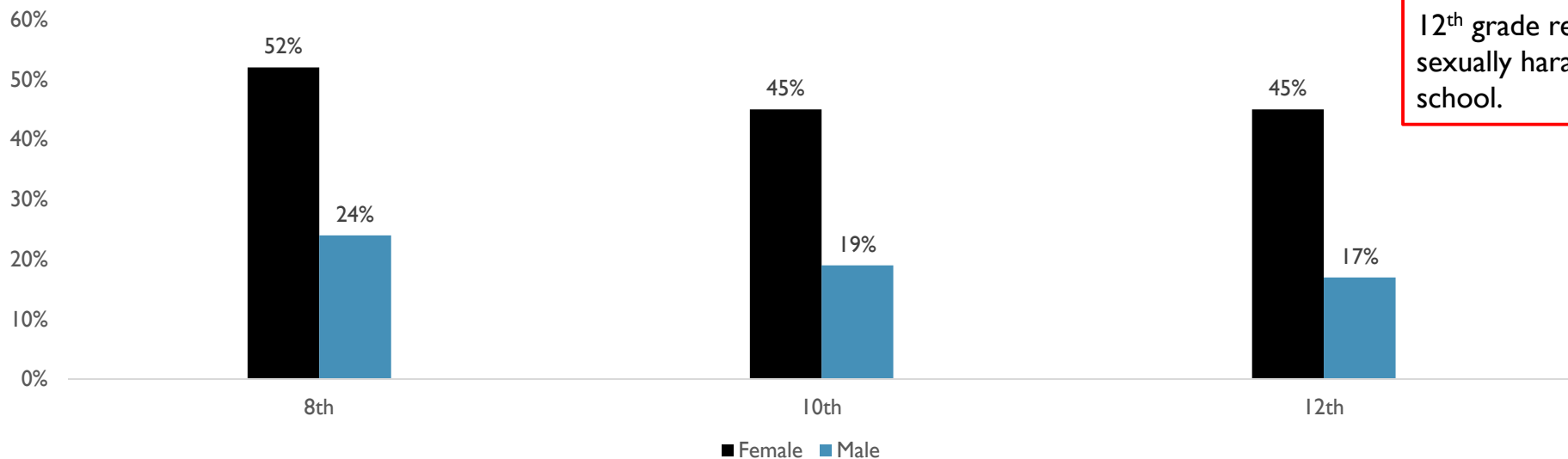
In 6th grade more males report being the victim of bullying.

However, for 8th-12th grade, more female students report being the victim of bullying.

HEALTHY RELATIONSHIPS – SEXUAL HARASSMENT ON SCHOOL PROPERTY

During the past 12 months, how many times did another student make unwelcome sexual comments, jokes, or gestures that made you feel uncomfortable on school property?

Answer: 1 or more times



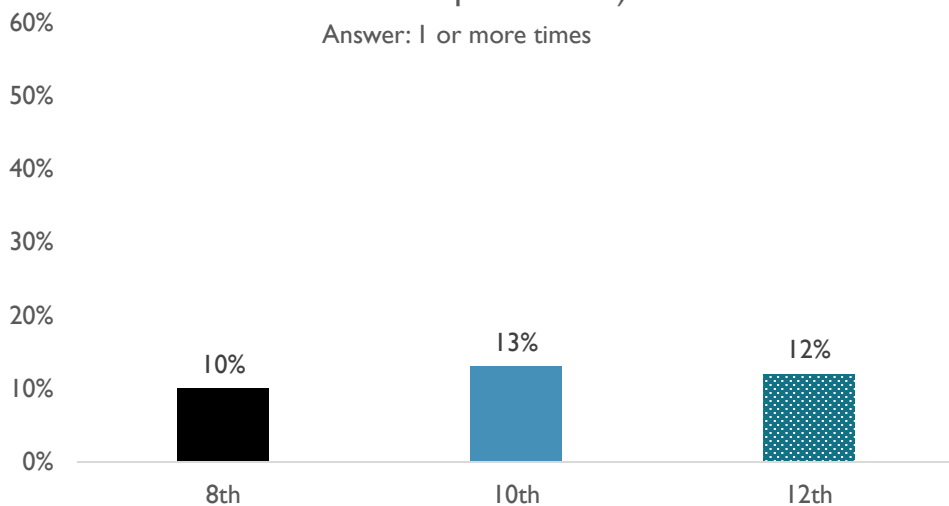
This is a new question.

Approximately half of all female students from 8th-12th grade report being sexually harassed at school.

HEALTHY RELATIONSHIPS – UNWANTED SEXUAL CONTACT

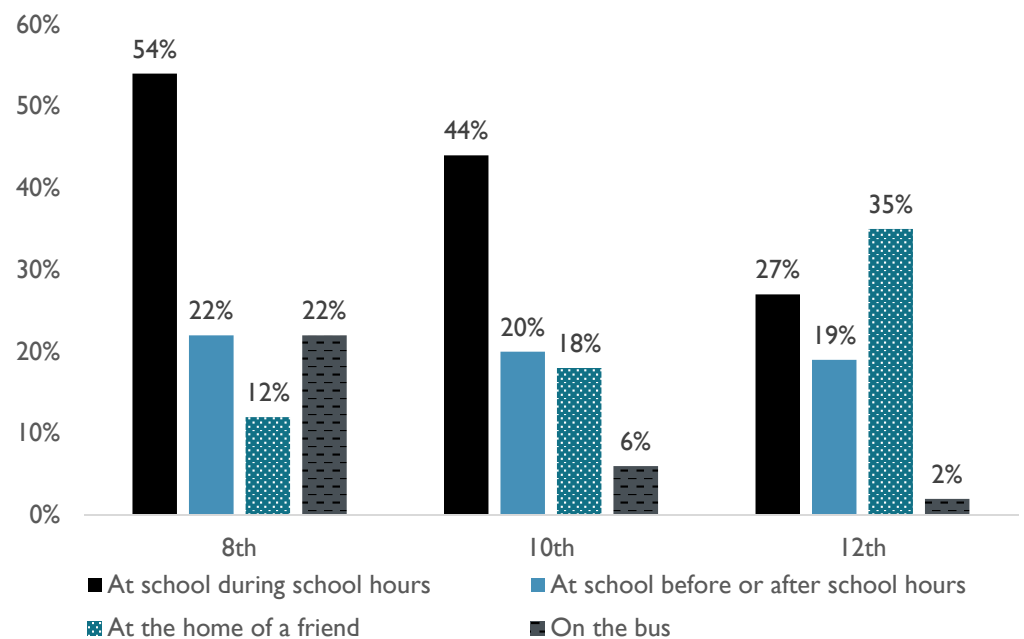
During the past 12 months, how many times did someone do sexual things to you that you did not want? (Count such things as kissing, grabbing or touching without your informed, voluntary and active consent/permission.)

Answer: 1 or more times



IF someone made unwanted sexual contact, where did this occur?

Denominator only includes those who report experiencing unwanted sexual contact



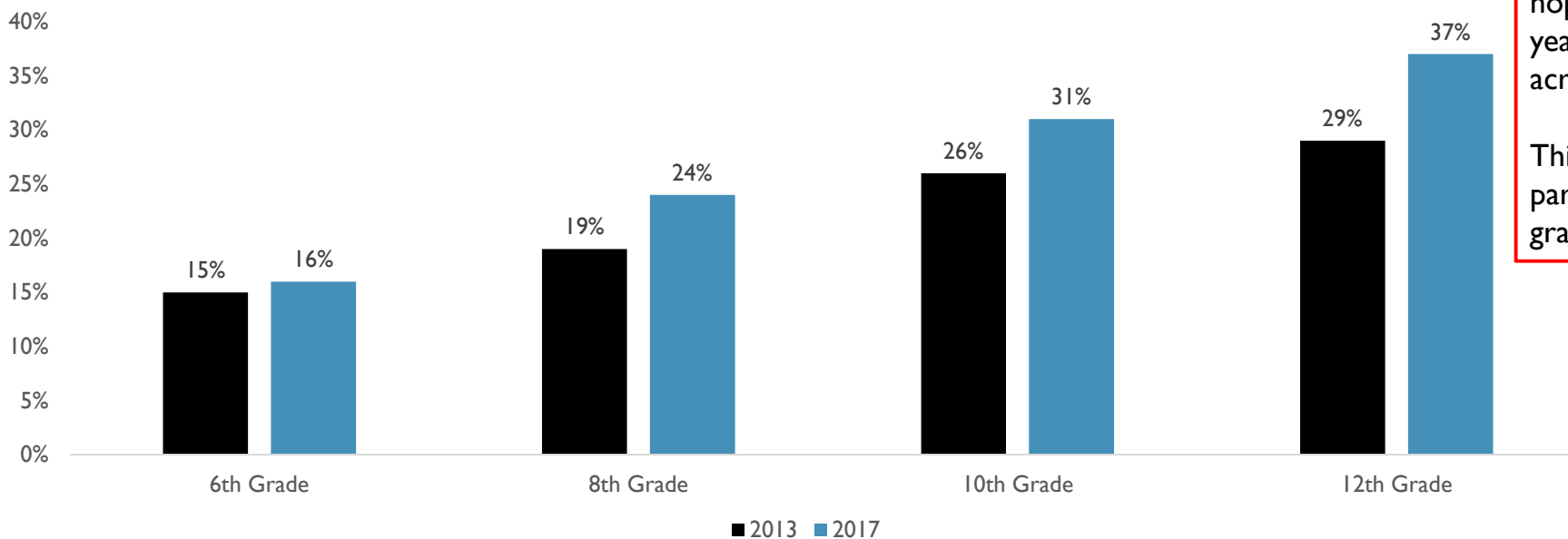


MENTAL HEALTH



MENTAL HEALTH – DEPRESSIVE SYMPTOMS

During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?
Answer “Yes”

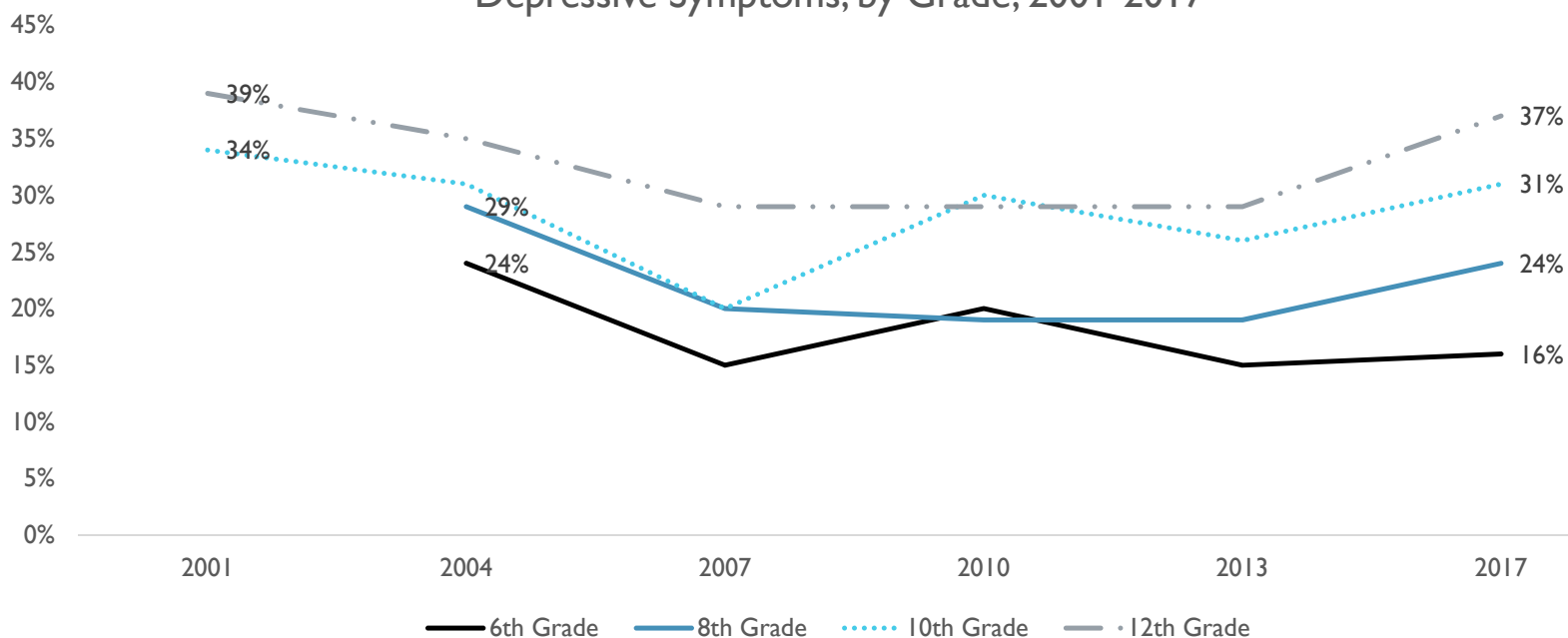


Youth who report feeling sad or hopeless over the past year has increased across 8th-12th grade.

This increase is seen particularly with 12th graders.

MENTAL HEALTH – DEPRESSIVE SYMPTOMS

Depressive Symptoms, by Grade, 2001-2017

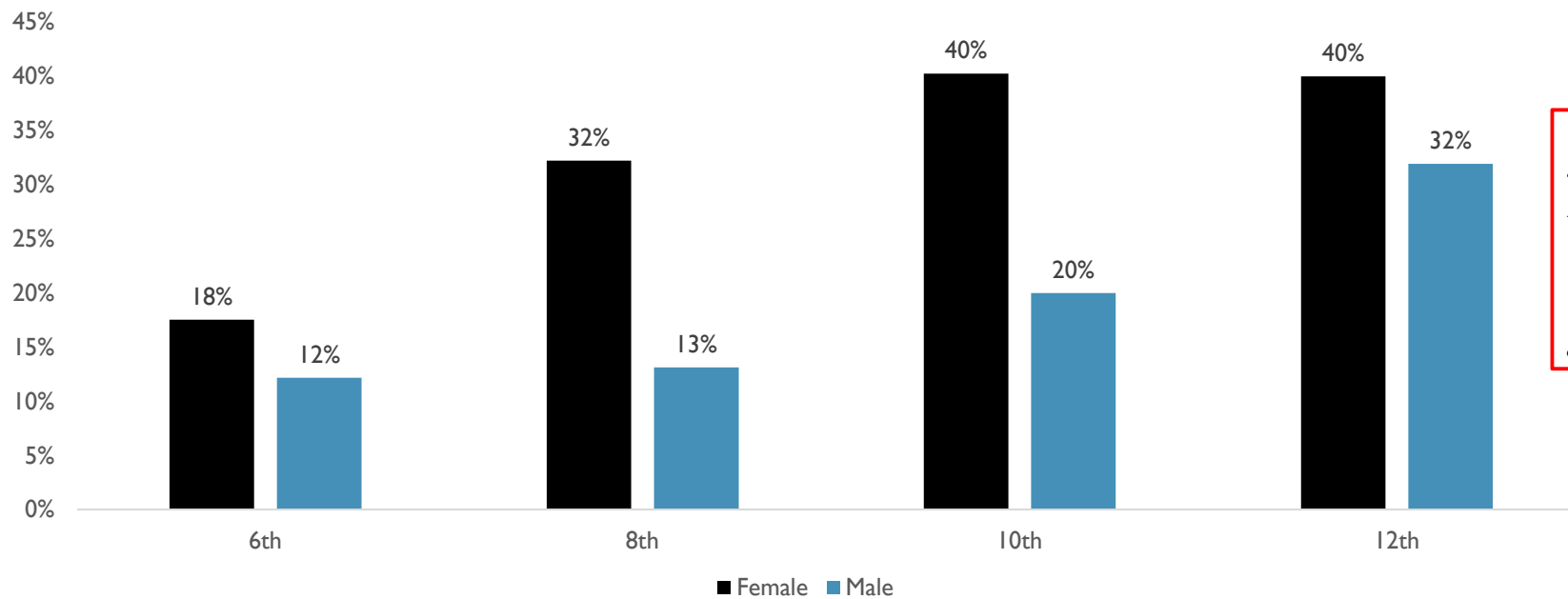


Youth who report feeling sad or hopeless over the past year has increased across grades since 2013.

However, for high school youth it is still slightly lower than it was in 2001 and for middle school youth it is lower than it was in 2004.

MENTAL HEALTH – DEPRESSIVE SYMPTOMS BY GRADE AND GENDER

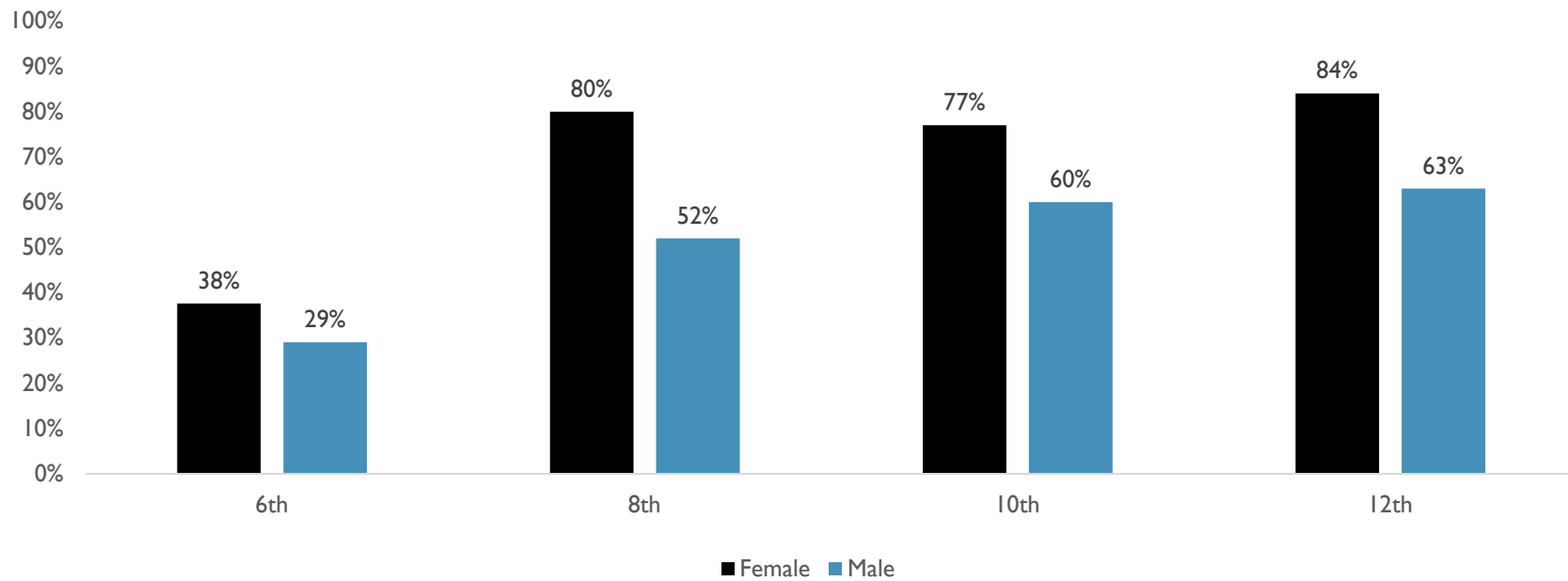
Depressive Symptoms, by Grade and Gender, 2017



Female youth report feeling depressed more than male students. However, the gender gap starts to decrease in 12th grade.

PHYSICAL HEALTH – SCHOOL STRESS

Felt stressed by school “very often” or “often”

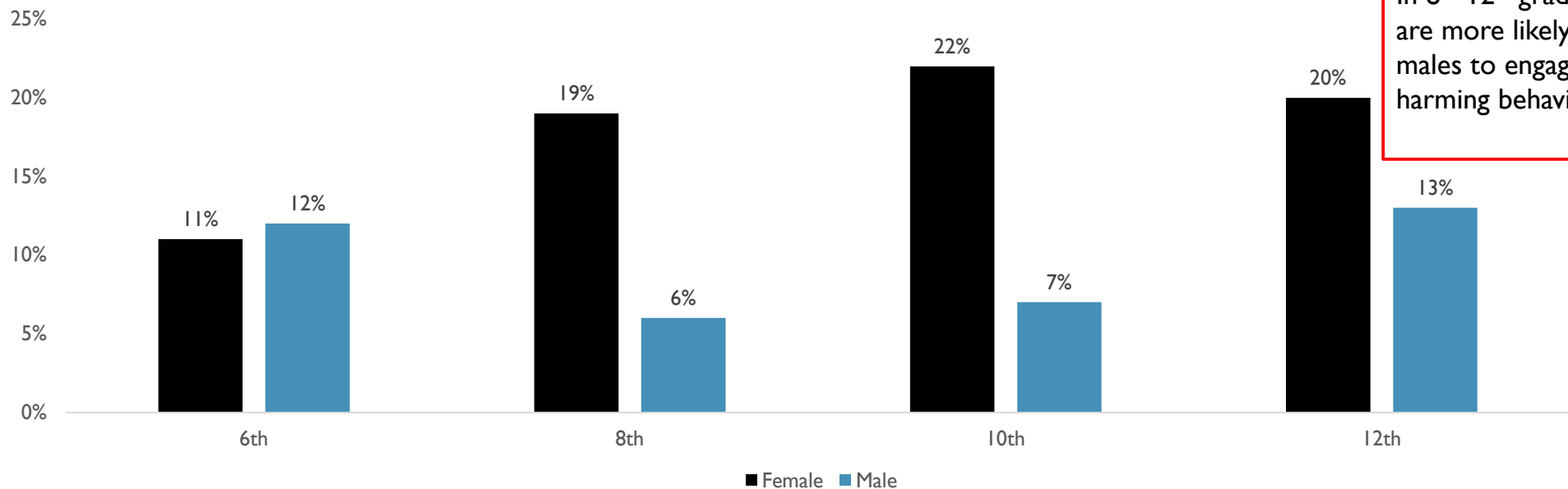


MENTAL HEALTH – SELF-HARM

During the past 12 months, how many times did you do something to purposely hurt yourself without wanting to die, such as cutting or burning yourself on purpose?
Answer: 1 or more times

This is a new question.

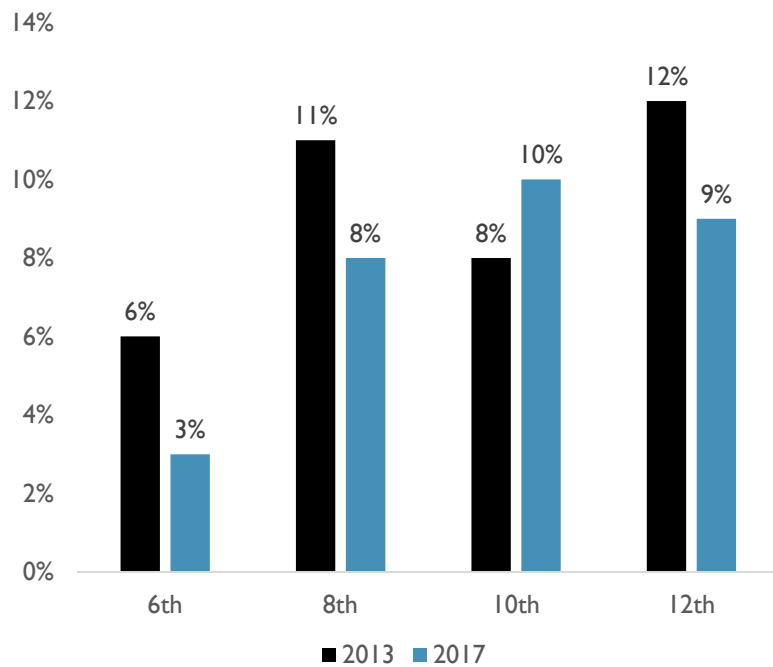
In 8th-12th grade females are more likely than males to engage in self-harming behavior.



MENTAL HEALTH – SUICIDE

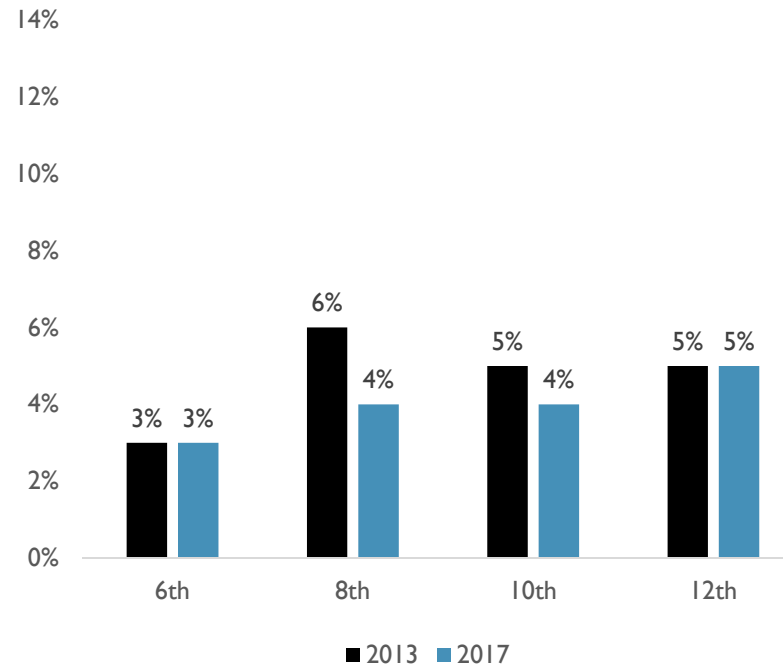
During the past 12 months, did you make a plan about how you would attempt suicide?

Answer: "Yes"



During the past 12 months, how many times did you actually attempt suicide?

Answer: 1 or more times



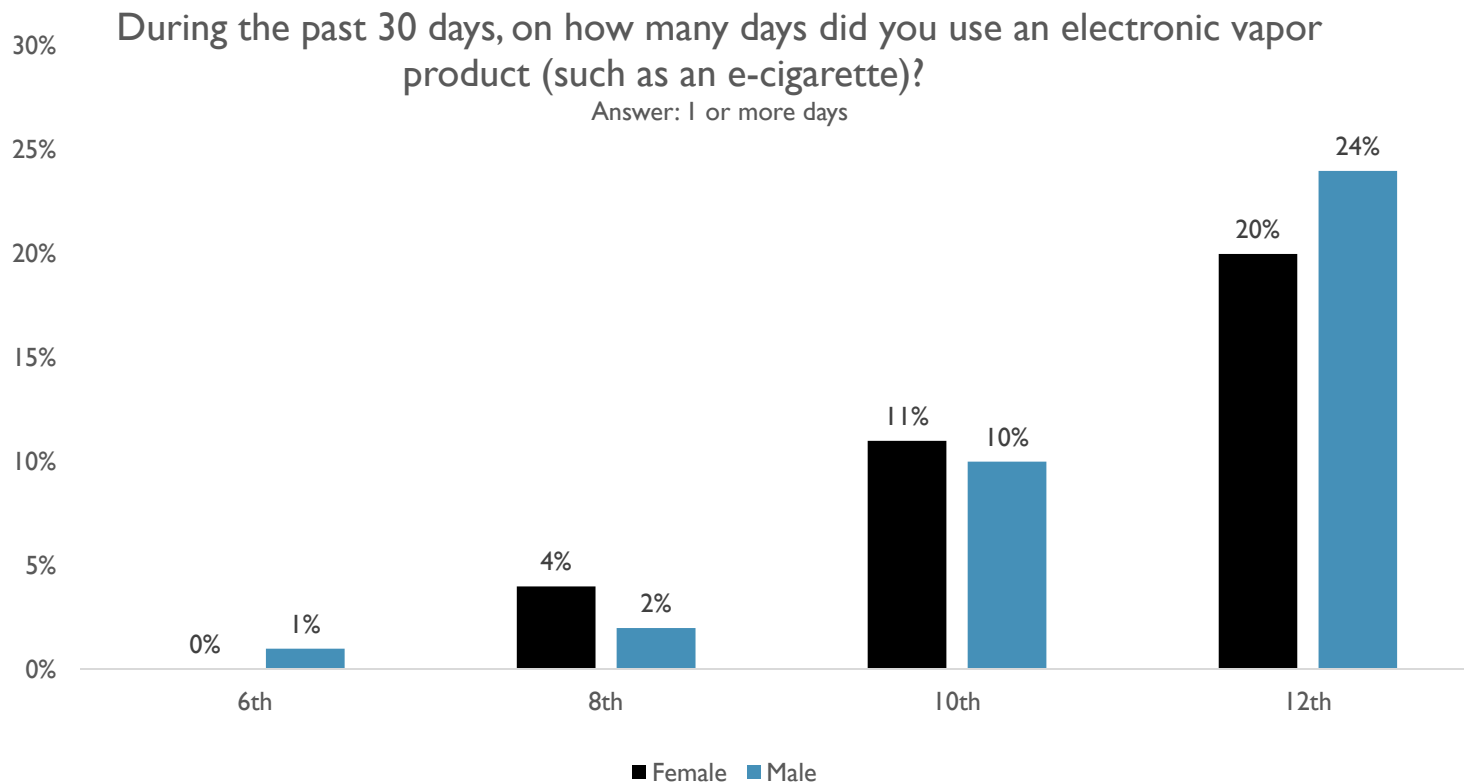
Suicidal ideation or attempts have decreased or stayed relatively unchanged since 2013 across grades.



SUBSTANCE ABUSE



SUBSTANCE ABUSE – ELECTRONIC VAPOR PRODUCTS

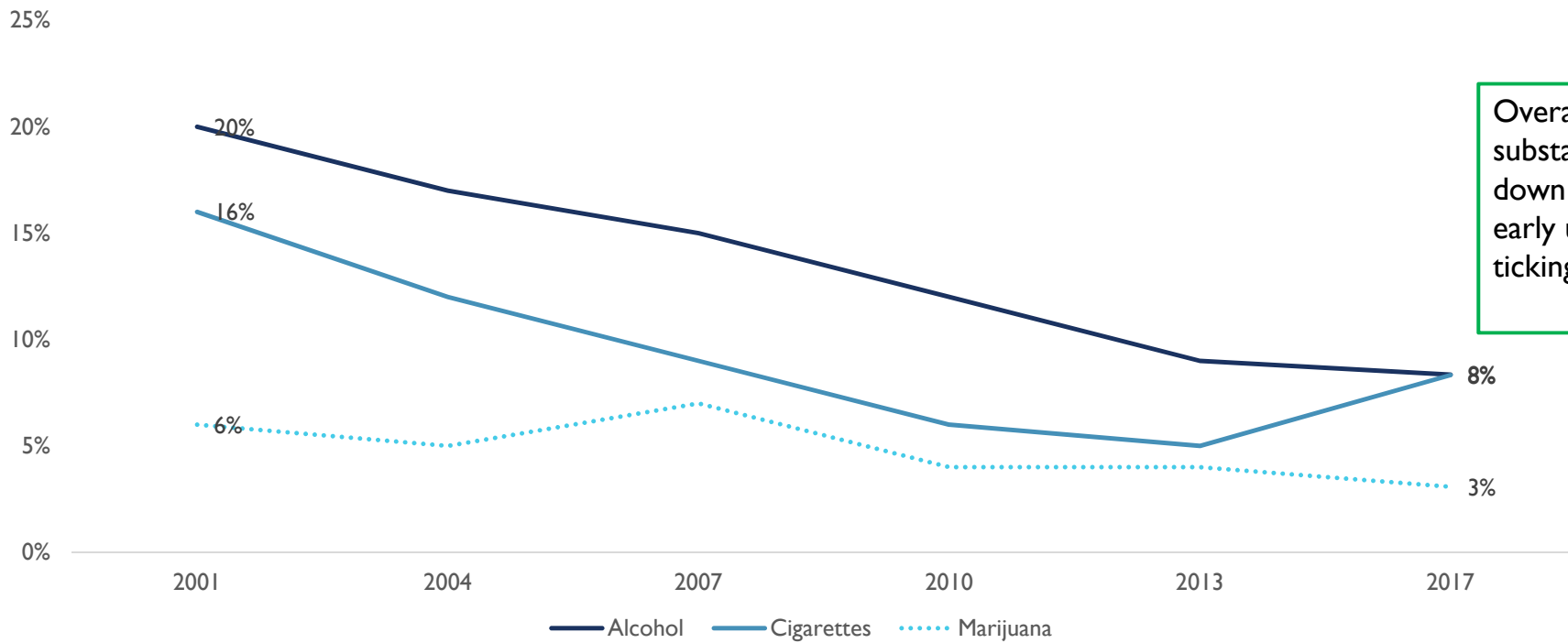


This is a new question.

A high percentage of 12th grade students are using are e-vapor products.

SUBSTANCE ABUSE – EARLY INITIATION

High School Youth Reporting Using Alcohol, Cigarettes, or Marijuana Before Age 13

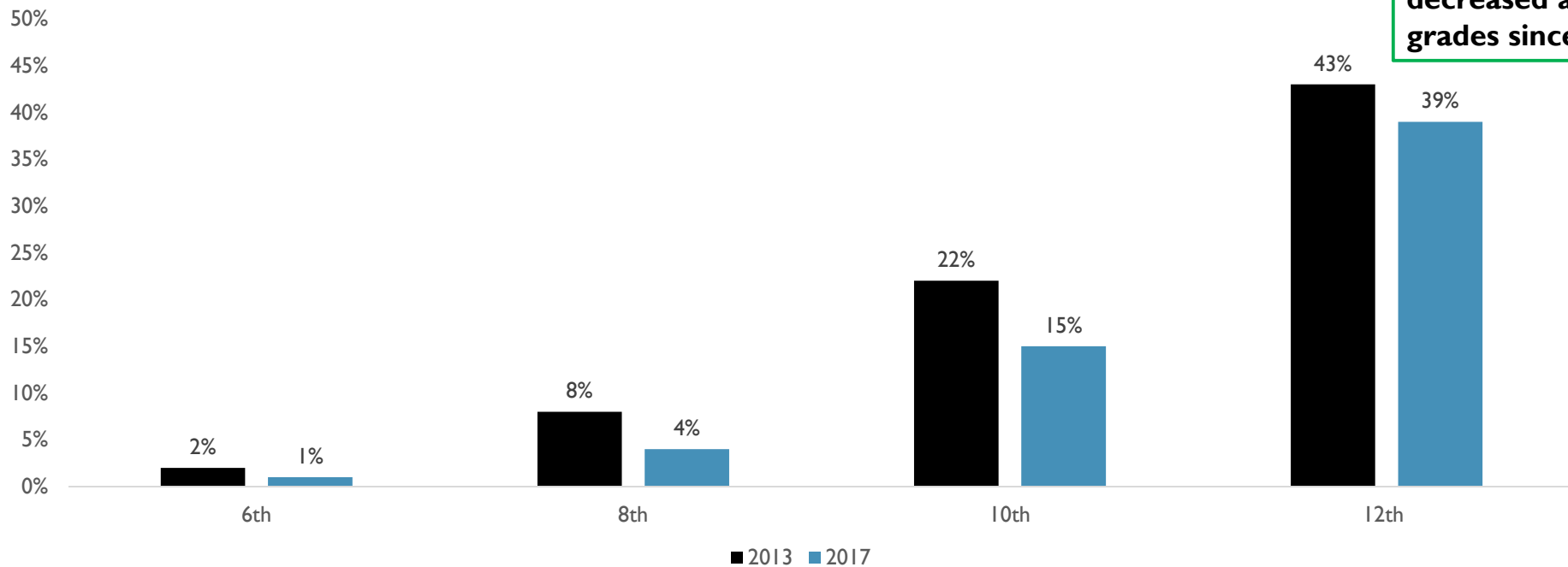


Overall early initiation of substance use has gone down overtime, with early use of cigarettes ticking up slightly in 2017.

SUBSTANCE ABUSE – ALCOHOL USE IN PAST 30 DAYS

During the past 30 days, on how many days did you have at least one drink of alcohol?
Answer: 1 or more days

Drinking within the past 30 days has decreased across grades since 2013.

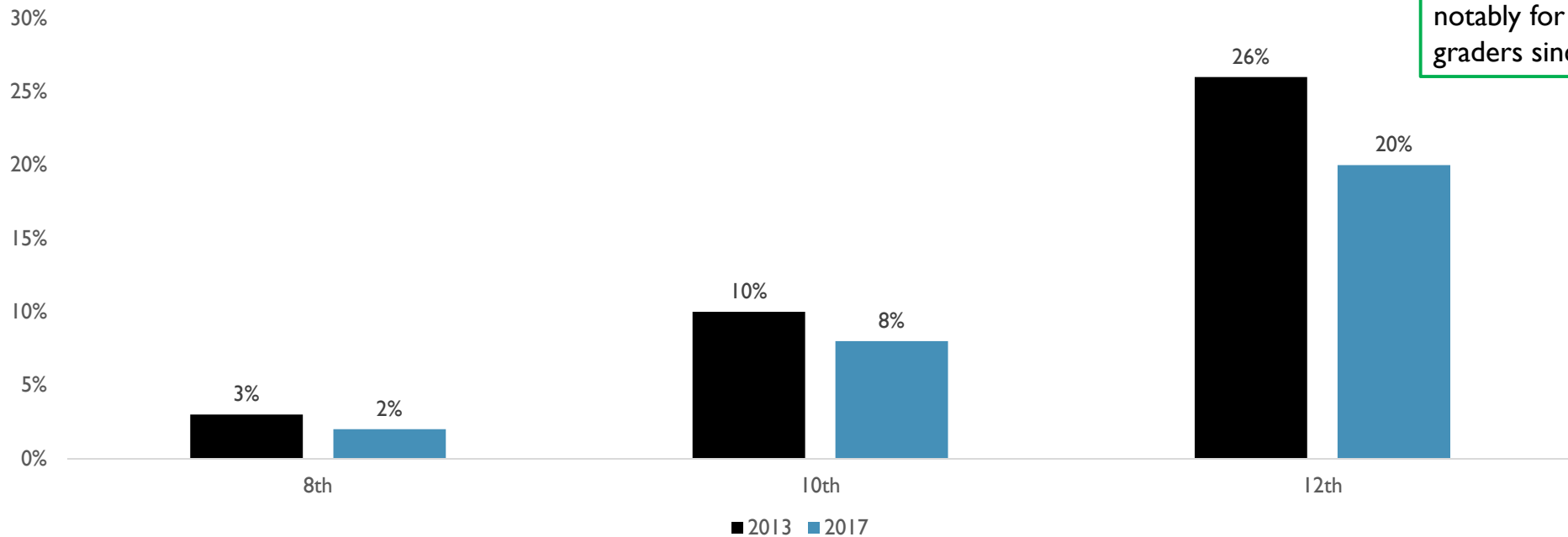


SUBSTANCE ABUSE – BINGE DRINKING IN PAST 30 DAYS

During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?

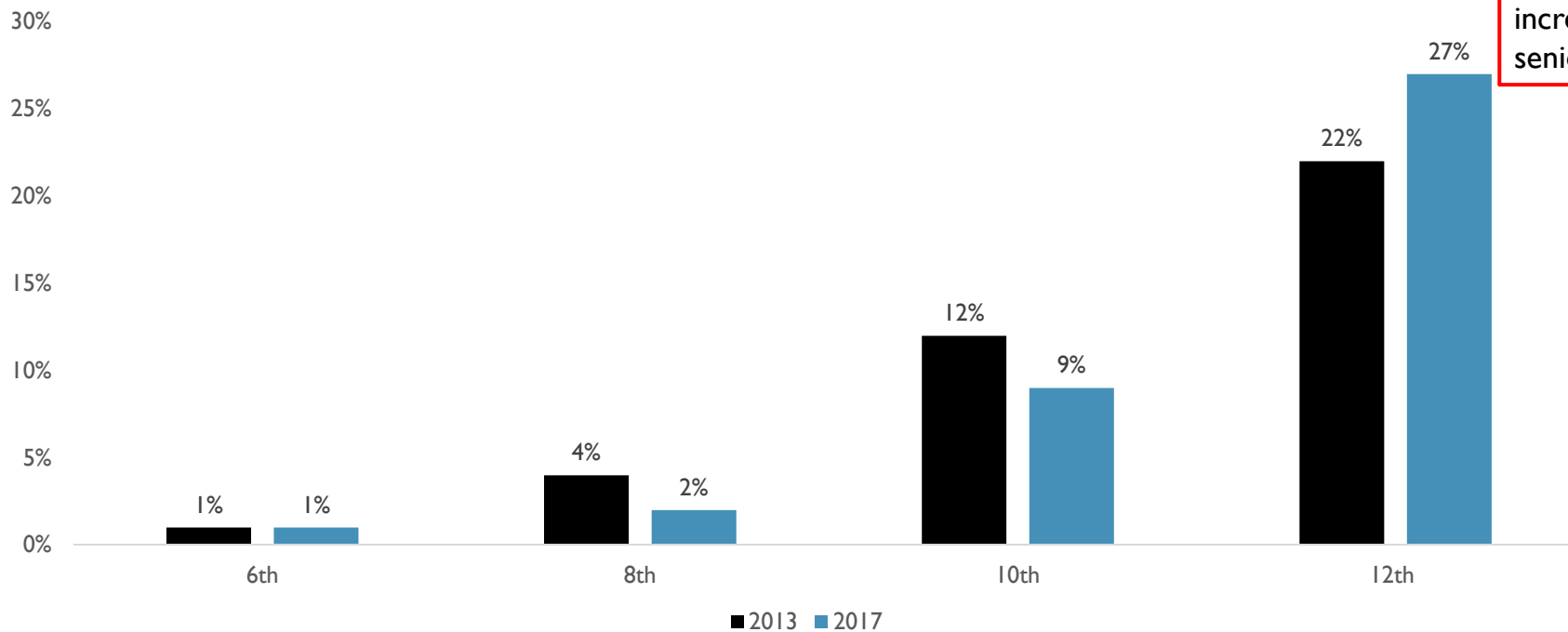
Answer: 1 or more days

Binge drinking across grades has decreased notably for 12th graders since 2013.



SUBSTANCE ABUSE – MARIJUANA USE IN PAST 30 DAYS

During the past 30 days, how many times did you use marijuana?
Answer: 1 or more times

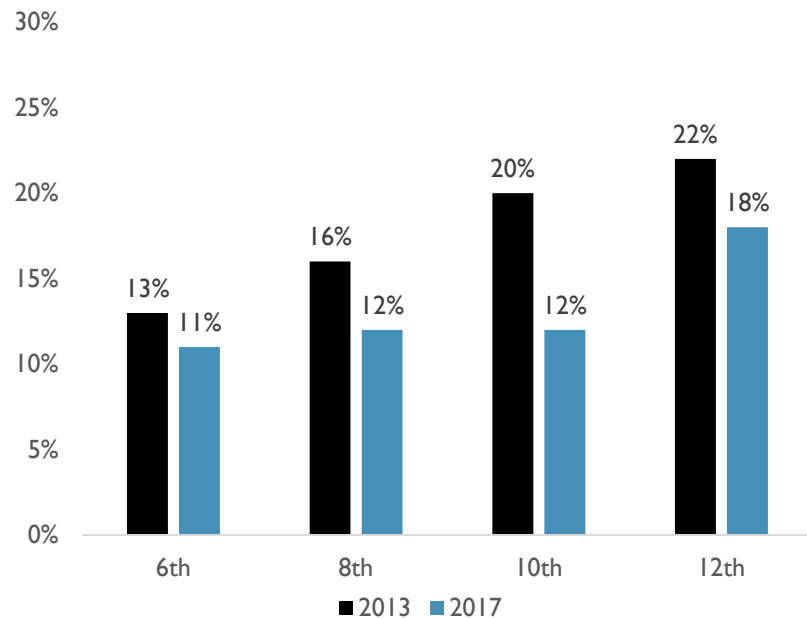


Use of marijuana within the past 30 days has increased for high school seniors.

SUBSTANCE ABUSE – RIDING WITH SUBSTANCE USING DRIVER

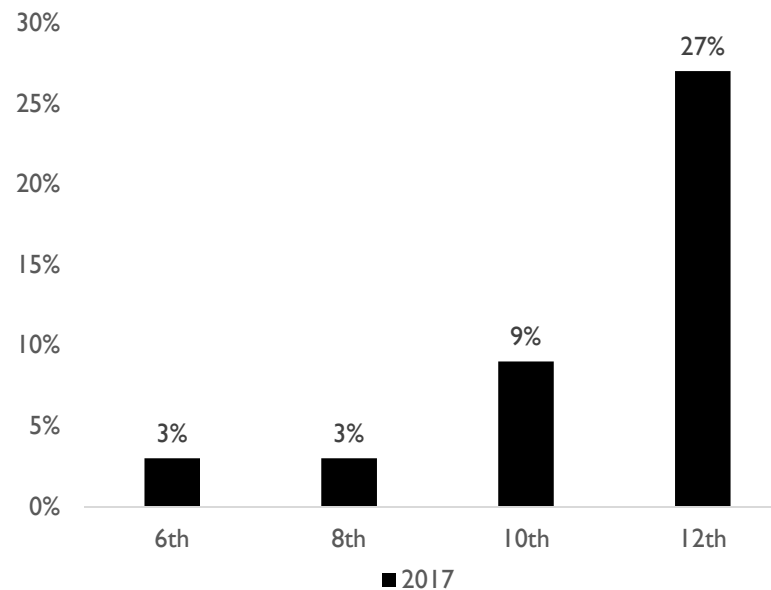
During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

Answer: 1 or more times



During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been using marijuana (also called grass, pot, or weed)?

Answer: 1 or more times



This includes a new question.

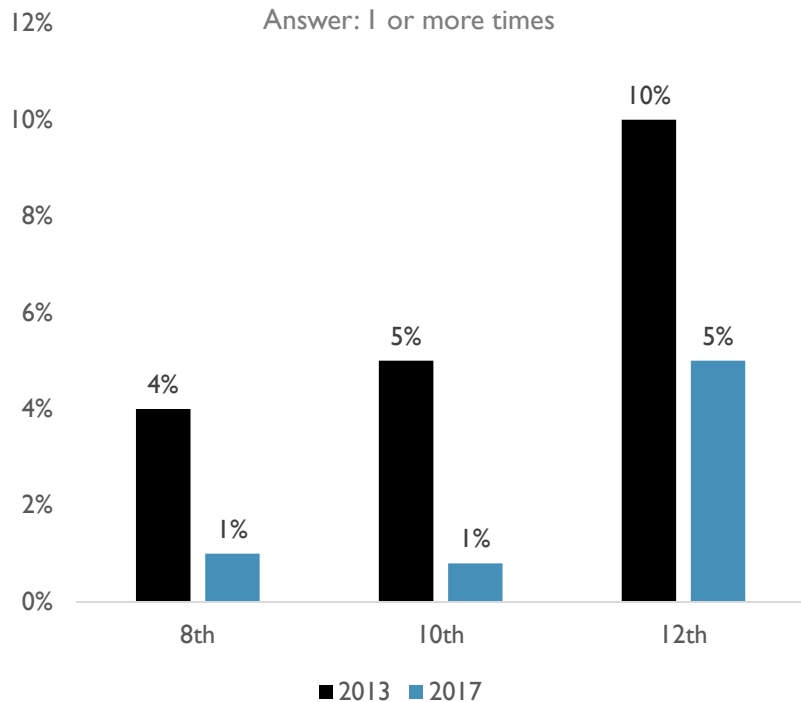
Have never asked about marijuana use before driving. However, compared to riding with a driver who has been drinking 12th graders are riding with someone who smoked pot more often.

Riding with a drinking driver has decreased across all grades.

SUBSTANCE ABUSE – DRIVING AFTER SUBSTANCE USE

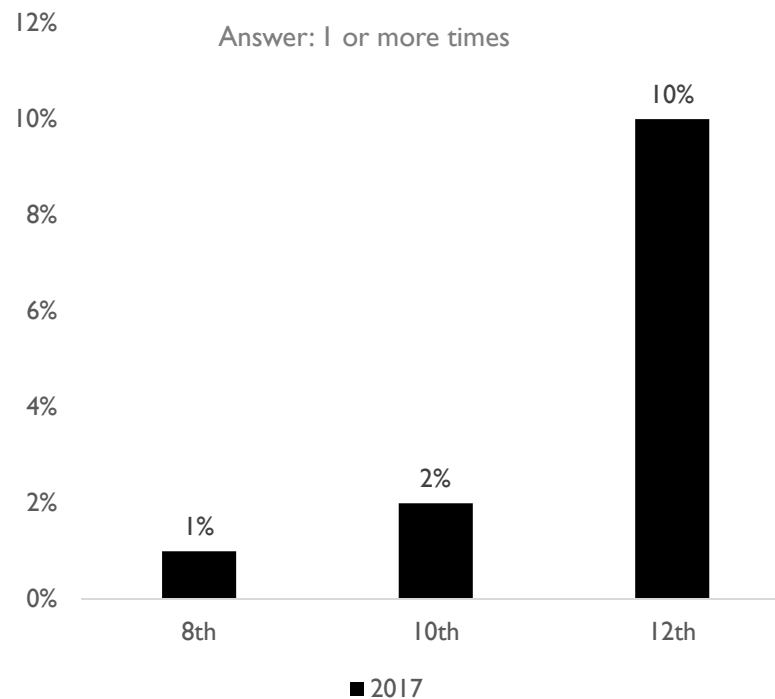
During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?

Answer: 1 or more times



During the past 30 days, how many times did you drive a car or other vehicle when you had been using marijuana (also called grass, pot, or weed)?

Answer: 1 or more times



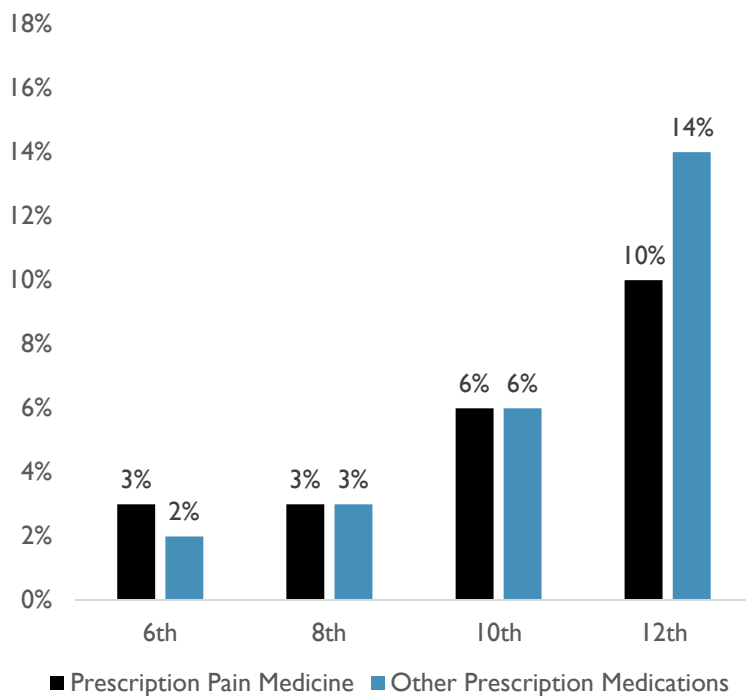
This includes a new question.

Have never asked about marijuana use before driving. However, compared to driving after drinking, 12th graders are driving after smoking pot more than driving after drinking.

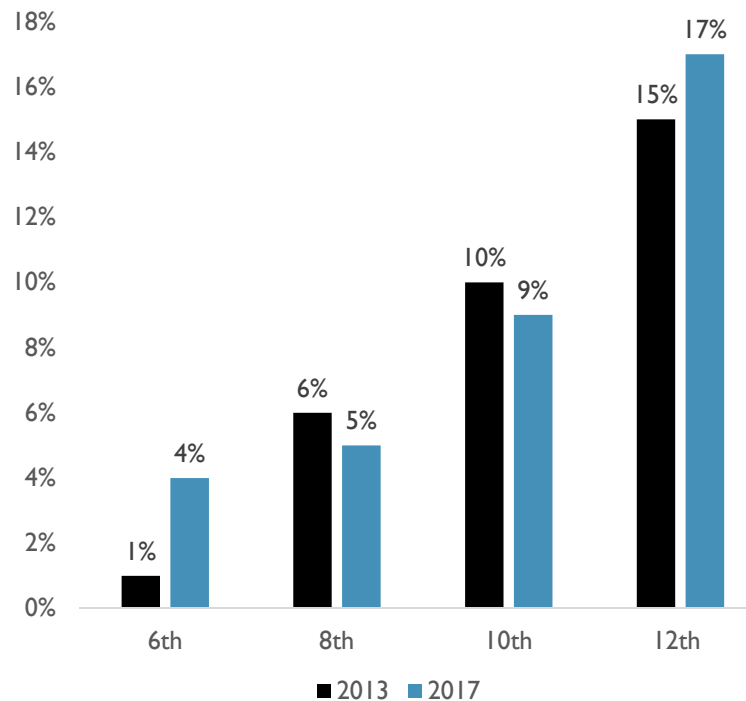
Driving after drinking has decreased across all grades.

SUBSTANCE ABUSE – PRESCRIPTION MEDICATION USE

Use prescription medication other than how it was prescribed, by type



Ever use prescription drugs without a doctor's prescription, by type



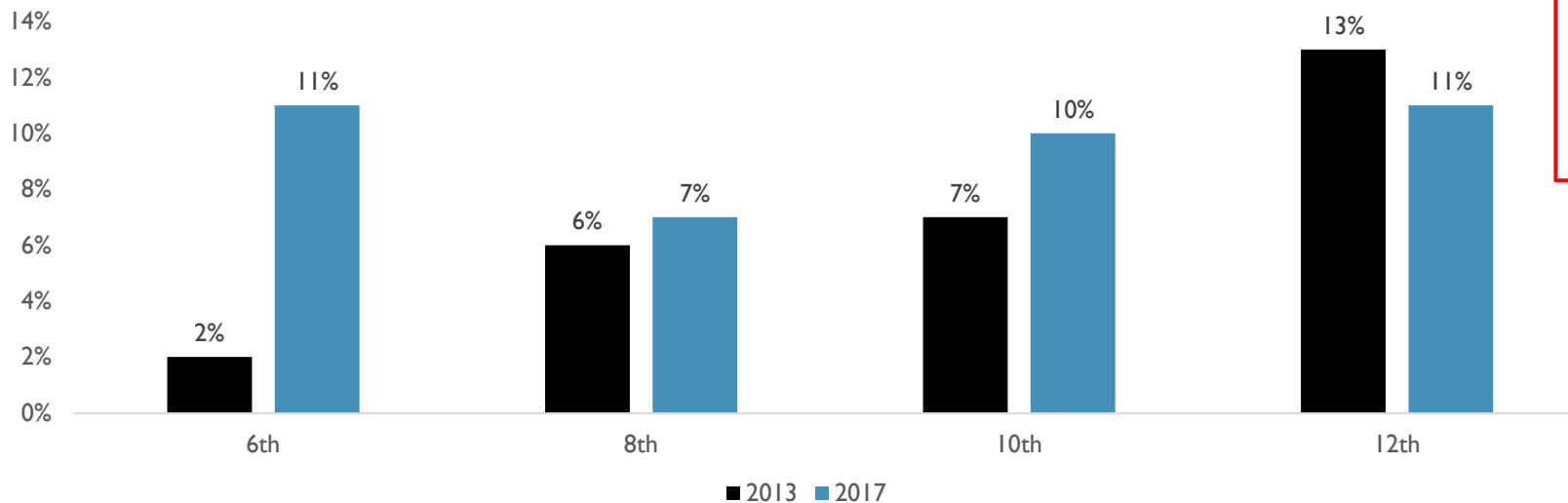
In 2017 this question was broken into the two categories of prescription medication. This shows that 12th graders are taking more “other” types of prescription medication like Xanax and Adderall.

For comparison sake, a unique count of all types of prescription drug use was shown in the 2nd graph. This shows that 6th and 12th graders report higher usage overall than in 2013.

SUBSTANCE ABUSE – OVER-THE-COUNTER DRUG ABUSE

During your life, how many times have you taken over-the-counter (OTC) drugs such as cold, allergy or sleep preparations in order to get high or to change your mood?

Answer: 1 or more times



6th and 10th graders are reporting use of over-the-counter medication to get high more than in 2013.

This is a much greater increase for 6th graders from 2% to 11%



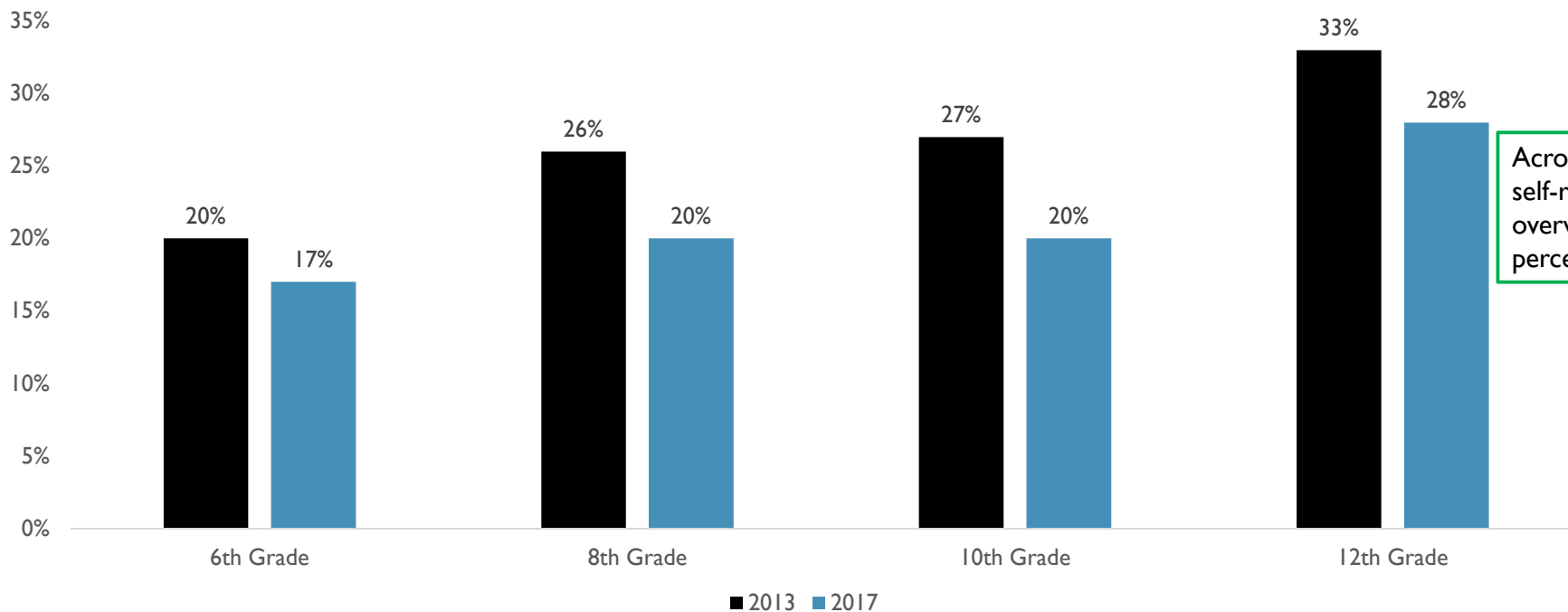
PHYSICAL HEALTH



PHYSICAL HEALTH – SELF-REPORT WEIGHT

How do you describe your weight?

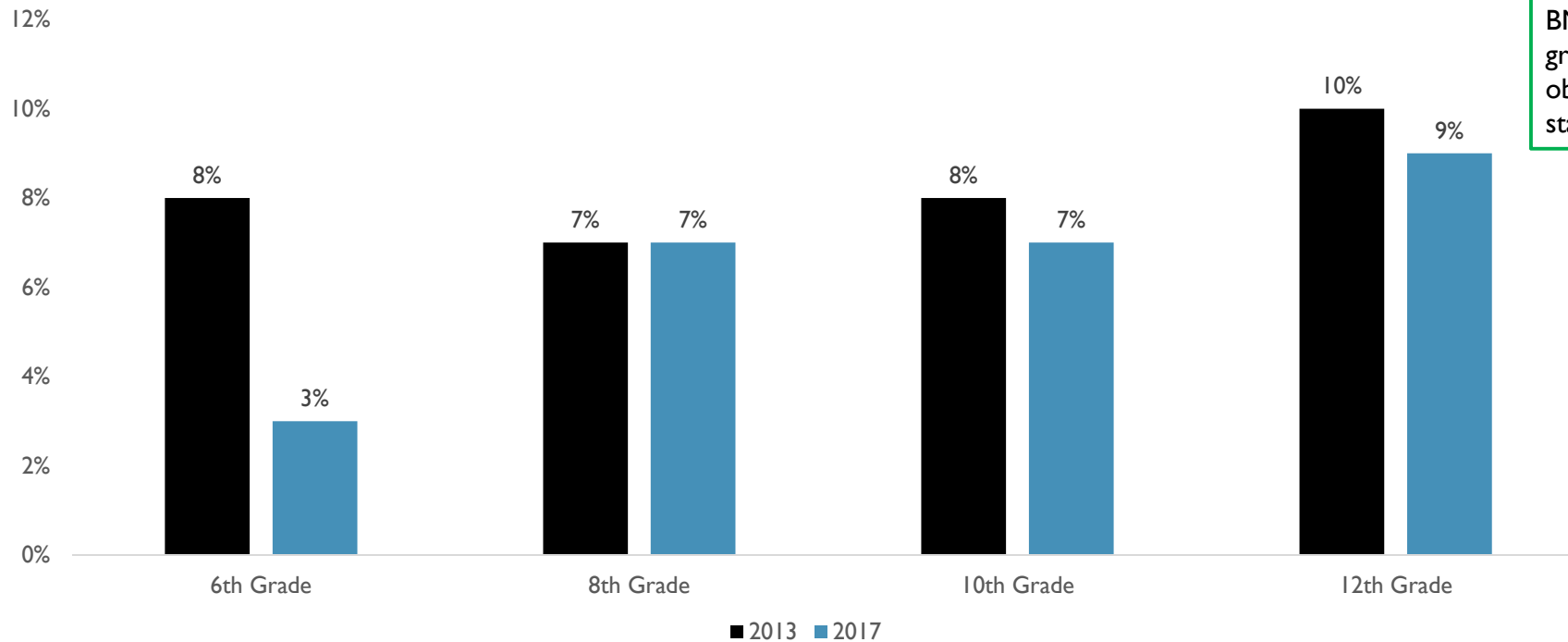
Answered "Overweight"



Across all grades youth self-report being overweight at lower percentages.

PHYSICAL HEALTH – BMI

Percent of Students Considered Obese Using BMI

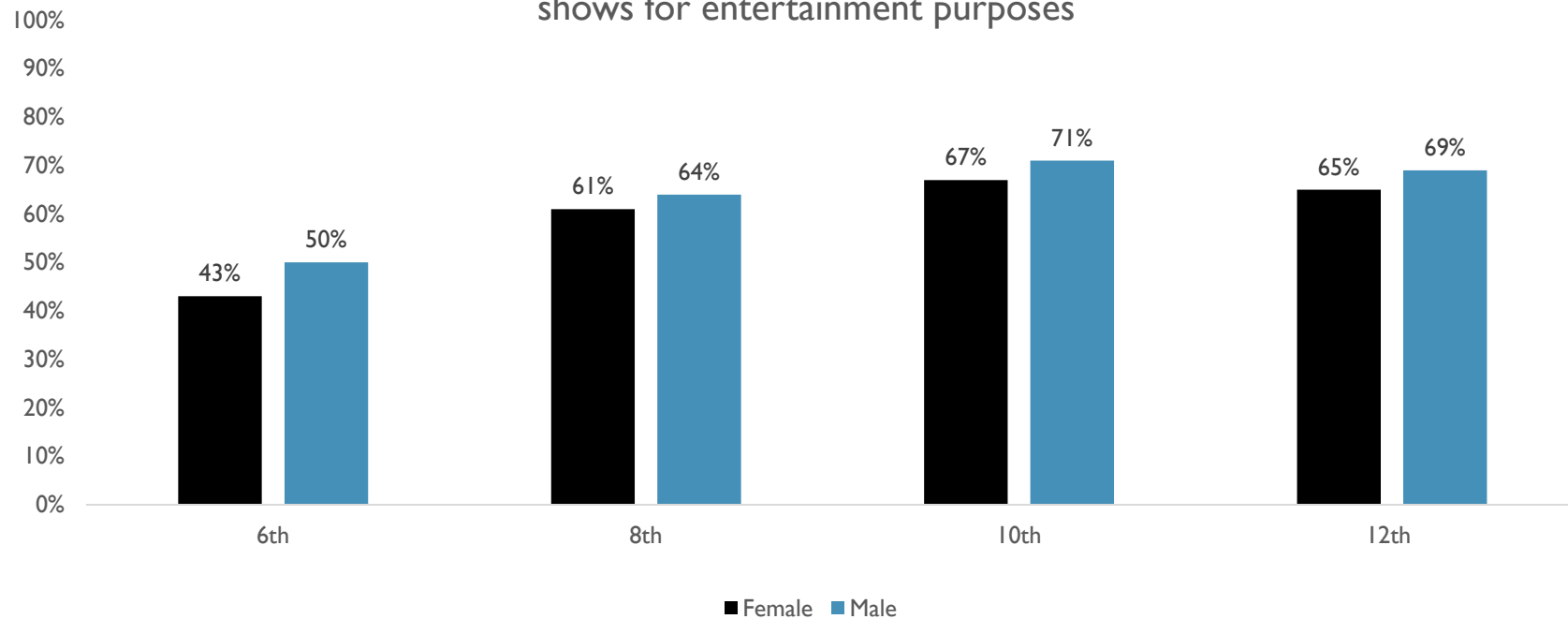


Self-reported weight is confirmed by self-reported BMI data as well. Across all grades those considered obese has decreased or stayed the same.

Obesity in 2017 is calculated using 95th percentile based upon age, gender, height and weight.

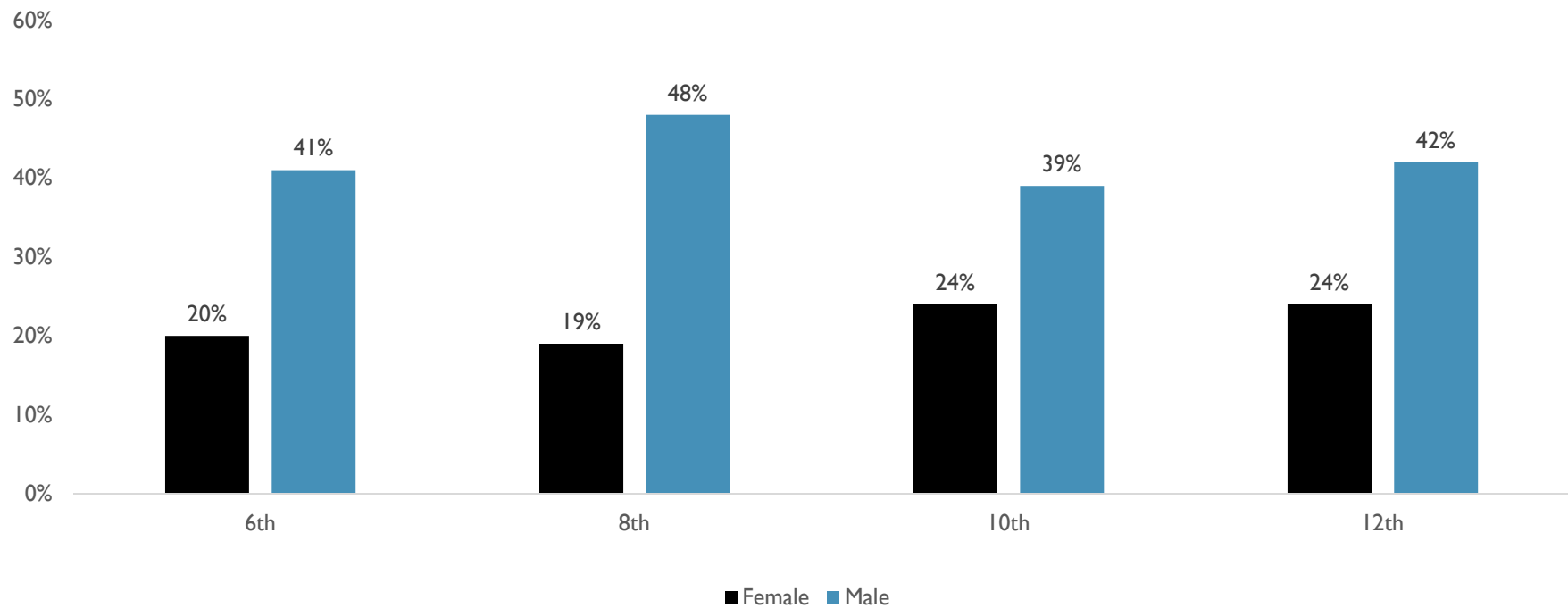
PHYSICAL HEALTH - SCREENTIME

Spent 2 or more hours on an average school day watching videos or television shows for entertainment purposes



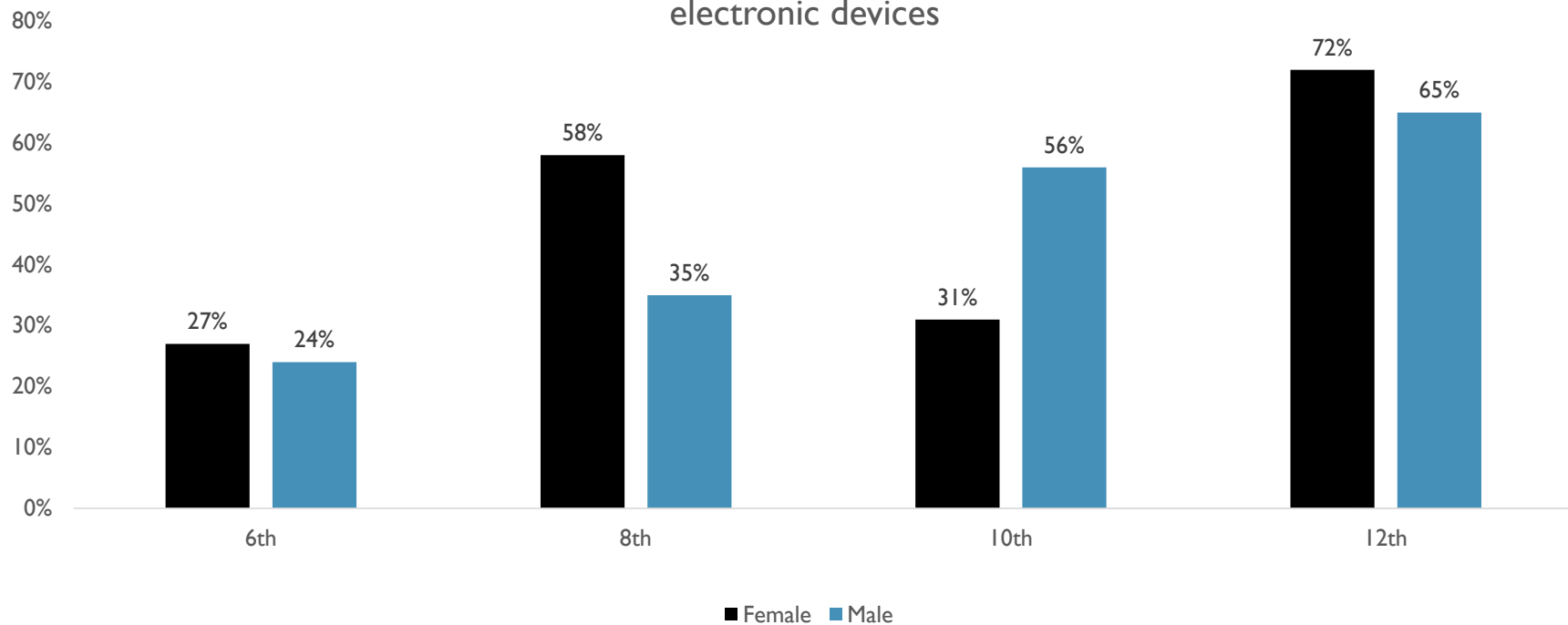
PHYSICAL HEALTH - SCREENTIME

Spent 2 or more hours on an average school day playing video games



PHYSICAL HEALTH - SCREENTIME

Spent 2 or more hours on an average school day connecting socially with friends on electronic devices

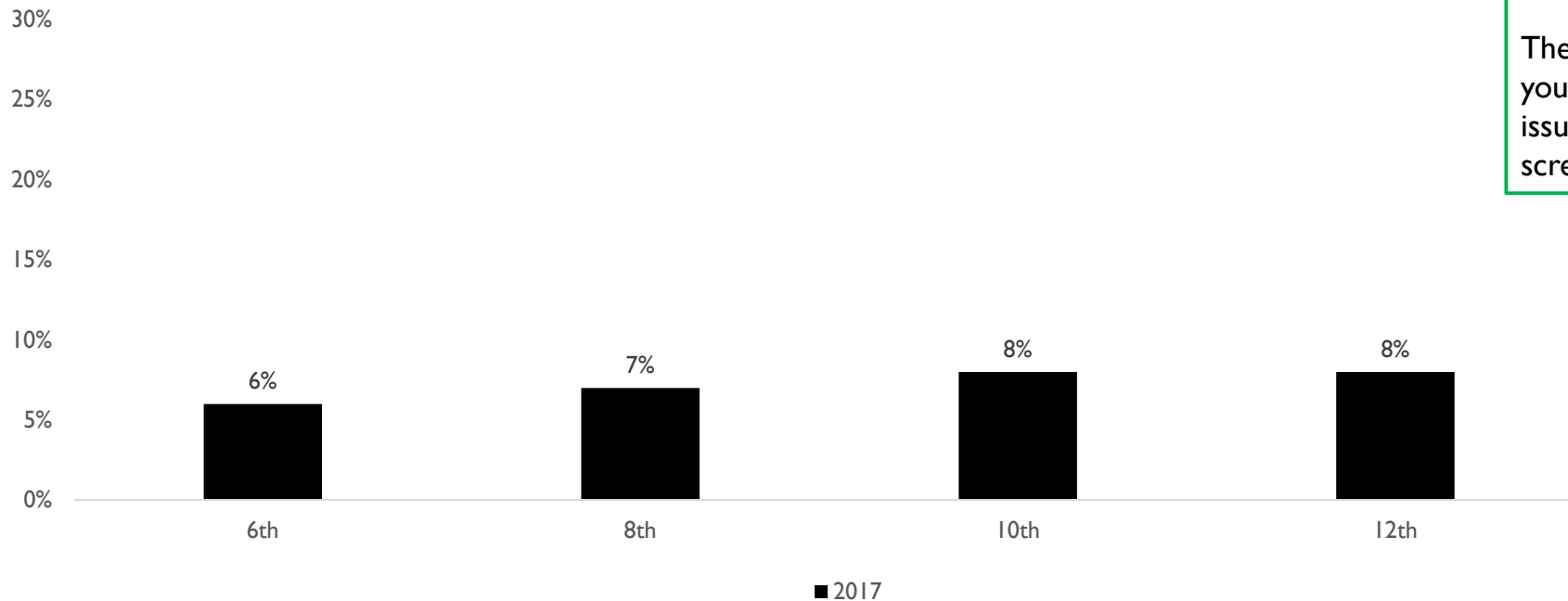


PHYSICAL HEALTH - SCREENTIME

How often does your school work or relationships with your family or friends suffer because you spend more time online or playing video games than you intended?
Answer: Always or Most of the time

This is a new question.

The intention is to capture youth who report having an issue moderating their screentime use.



QUESTIONS

Contact me with any questions!

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