

Long Bridge Fees

Workgroup Meeting #1 Follow-Up Information

1. DPR was asked to provide some data on resident v. non-resident fees in fitness memberships. Below are total residents v. non-residents and then broken down by types of passes. Non-residents make up about 1% of active memberships.

Active Fitness Memberships		
Non Residents		27
Residents		2,380

Fitness Pass Type	NR	RES
10 - Pass	1	32
Adult 3 Month	4	350
Adult 6 Month	2	230
Adult Annual	6	672
Business	0	5
High/College	0	303
Teen	14	788
Total	27	2,380

OSAP Fitness Passes*	NR	RES
55GOLD	222	2,419
55GOLD-X	44	784
55PLUS	531	2,142
55PLUS-X	68	502
Grand Total	865	5,847

*Note, some members might be duplicated do to switching pass types

2. DPR was asked to provide some comparison of the Long Bridge multi-purpose rooms to other DPR rooms. DPR selected Arlington Mill's 527, which is broken up into side A and B, Barcroft's Wellness Room, and Walter Reed's Wellness Room. The attached calendar provides a good sample of what occurs in those rooms throughout the course of the year. Note, that room 527 can be reserved as a whole or just a partial (A&B), so the calendars for A & B are provided.

Here is a summary of the amount of time reserved v. not reserved at these rooms:

Facility	Reserved Hours
AMCC 527 A & B**	3,667
BSFC	1,344
WRC	1,571

*Estimated hours is used because the facility may have closed for unforeseen circumstances not calculated here (e.g.; power outages).
** AMCC 527 is two rooms that can be combined so twice as many open hrs/yr

Rooms are reserved for various reasons including:

- DPR Programs (e.g.; classes, camps, OSAP/Senior activities, teen, youth & family)
- Typical other regular group reservations include those for Aspire afterschool program, civic association meetings, other County community outreach and meetings (e.g.; DHS Event to Promote Advocacy to Older Adults & Citizens), and Toastmasters
- Rentals such as individual's birthday parties, dance practice, baby showers, and group meetings also use these rooms

Facility	% DPR
AMCC	73%
BSFC	84%
WRC	96%

Sample Room Calendars:

(note, please ignore headcount as that field is often not used)

Arlington Mill 527 A

Facility Calendar

January 2017 - Multi-purpose 527A at Arlington Mill

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 12:00am - 11:59pm (Tree) SPREC DPR Headcount: 5	3 10:00am - 12:00pm (Tree) Arlington Mill OSAP Headcount: 20	4 4:30pm - 6:00pm (Tree) Arlington Mill OSAP Headcount: 0 6:30pm - 9:30pm (Tree) Arlington Mill OSAP Headcount: 0	5	6 10:00am - 11:00am (Tree) Arlington Mill OSAP Headcount: 20 11:00am - 12:00pm (Tree) Arlington Mill OSAP Headcount: 20	7 10:00am - 2:00pm (Tree) Office for Teens (OFT) Headcount: 20
8 1:00pm - 4:00pm (Tree) Office for Teens (OFT) Headcount: 20	9 8:50am - 9:50am (Tree) Arlington Mill OSAP Headcount: 20 10:10am - 11:10am (Tree) Arlington Mill OSAP Headcount: 20 11:25am - 12:15pm (Tree) Arlington Mill OSAP Headcount: 20 12:30pm - 1:30pm (Tree) Arlington Mill OSAP Headcount: 20 1:45pm - 2:45pm (Tree) Arlington Mill OSAP Headcount: 20 3:30pm - 5:00pm (Tree) Arlington Mill OSAP Headcount: 15	10 10:00am - 12:00pm (Tree) Arlington Mill OSAP Headcount: 20	11 4:30pm - 6:00pm (Tree) Arlington Mill OSAP Headcount: 0 6:30pm - 9:30pm (Tree) Arlington Mill OSAP Headcount: 0	12	13 10:00am - 11:00am (Tree) Arlington Mill OSAP Headcount: 20 11:00am - 12:00pm (Tree) Arlington Mill OSAP Headcount: 20 1:00pm - 3:00pm (Tree) Arlington Mill OSAP Headcount: 15 7:00pm - 10:00pm (Tree) Office For Teens Headcount: 75	14 10:30am - 2:30pm (Tree) Shannon Kualii Headcount: 70 3:30pm - 6:00pm (Tree) Jamie Dvoretzky Headcount: 70
15	16 12:00am - 12:00pm (Tree) SPREC DPR Headcount: 5 12:15pm - 1:00pm (Tree) Arlington Mill OSAP Headcount: 20	17 9:30am - 12:00pm DES Headcount: 25 7:00pm - 8:15pm (Tree) DPR INTERNAL Headcount: 12 8:15pm - 9:30pm (Tree) DPR INTERNAL Headcount: 12	18 4:30pm - 6:00pm (Tree) Arlington Mill OSAP Headcount: 0 6:30pm - 9:30pm (Tree) Arlington Mill OSAP Headcount: 0	19 10:15am - 10:55am (Intern) Abrakadoodle Twoosy Doodl Headcount: 12 5:30pm - 6:00pm (Tree) DPR INTERNAL Headcount: 25 6:00pm - 6:30pm (Tree) DPR INTERNAL Headcount: 25 6:30pm - 7:00pm (Tree) DPR INTERNAL Headcount: 25	20 12:00am - 12:00pm (Tree) SPREC DPR Headcount: 5	21 9:15am - 10:05am (Internal) Mad Science- World Around Headcount: 20 10:15am - 11:05am (Intern) Mad Science- Sensational S Headcount: 20 11:15am - 12:15pm (Intern) Mad Science-Zip Zap Boom Headcount: 20
22 3:30pm - 4:30pm (Tree) DPR INTERNAL Headcount: 25 4:45pm - 5:15pm (Tree) DPR INTERNAL Headcount: 25	23 8:50am - 9:50am (Tree) Arlington Mill OSAP Headcount: 20 10:10am - 11:10am (Tree) Arlington Mill OSAP Headcount: 20 11:25am - 12:15pm (Tree) Arlington Mill OSAP Headcount: 20	24 10:00am - 12:00pm (Tree) Arlington Mill OSAP Headcount: 20 7:00pm - 8:15pm (Tree) DPR INTERNAL Headcount: 12 8:15pm - 9:30pm (Tree) DPR INTERNAL Headcount: 12	25 9:00am - 1:00pm (Tree) Arlington Mill OSAP Headcount: 35 4:30pm - 6:00pm (Tree) Arlington Mill OSAP Headcount: 0 6:30pm - 9:30pm (Tree) Arlington Mill OSAP Headcount: 0	26 10:15am - 10:55am (Intern) Abrakadoodle Twoosy Doodl Headcount: 12 5:30pm - 6:00pm (Tree) DPR INTERNAL Headcount: 25 6:00pm - 6:30pm (Tree) DPR INTERNAL Headcount: 25	27 10:00am - 11:00am (Tree) Arlington Mill OSAP Headcount: 20 11:00am - 12:00pm (Tree) Arlington Mill OSAP Headcount: 20 1:00pm - 3:00pm (Tree) Arlington Mill OSAP Headcount: 15	28 9:15am - 10:05am (Internal) Mad Science- World Around Headcount: 20 10:15am - 11:05am (Intern) Mad Science- Sensational S Headcount: 20 11:15am - 12:15pm (Intern) Mad Science-Zip Zap Boom Headcount: 20

Facility Calendar

January 2017 - Multi-purpose 527B at Arlington Mill

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 12:00am - 11:59pm (Tree) SPREC DPR Headcount: 5	3 10:00am - 12:00pm (Tree) Arlington Mill OSAP Headcount: 20	4 4:30pm - 6:00pm (Tree) Arlington Mill OSAP Headcount: 0 6:30pm - 9:30pm (Tree) Arlington Mill OSAP Headcount: 0	5	6 10:00am - 11:00am (Tree) Arlington Mill OSAP Headcount: 20 11:00am - 12:00pm (Tree) Arlington Mill OSAP Headcount: 20	7 10:00am - 2:00pm (Tree) Office for Teens (OFT) Headcount: 20 5:30pm - 9:45pm Iiz Melgar Headcount: 40
8 1:00pm - 4:00pm (Tree) Office for Teens (OFT) Headcount: 20	9 8:50am - 9:50am (Tree) Arlington Mill OSAP Headcount: 20 10:10am - 11:10am (Tree) Arlington Mill OSAP Headcount: 20 11:25am - 12:15pm (Tree) Arlington Mill OSAP Headcount: 20 12:30pm - 1:30pm (Tree) Arlington Mill OSAP Headcount: 20 1:45pm - 2:45pm (Tree) Arlington Mill OSAP Headcount: 20 3:30pm - 5:00pm (Tree) Arlington Mill OSAP Headcount: 15	10 10:00am - 12:00pm (Tree) Arlington Mill OSAP Headcount: 20	11 4:30pm - 6:00pm (Tree) Arlington Mill OSAP Headcount: 0 6:30pm - 9:30pm (Tree) Arlington Mill OSAP Headcount: 0	12 11:00am - 1:00pm Arlington Mill OSAP Headcount: 15	13 10:00am - 11:00am (Tree) Arlington Mill OSAP Headcount: 20 11:00am - 12:00pm (Tree) Arlington Mill OSAP Headcount: 20 1:00pm - 3:00pm (Tree) Arlington Mill OSAP Headcount: 15 7:00pm - 10:00pm (Tree) Office For Teens Headcount: 75	14 10:30am - 2:30pm (Tree) Shannon Kualii Headcount: 70 3:30pm - 6:00pm (Tree) Jamie Dvoretzky Headcount: 70
15 3:00pm - 5:30pm Kelly Wasilefski Headcount: 30	16 12:00am - 12:00pm (Tree) SPREC DPR Headcount: 5 12:15pm - 1:00pm (Tree) Arlington Mill OSAP Headcount: 20	17 10:00am - 12:00pm Arlington Mill OSAP Headcount: 20 7:00pm - 8:15pm (Tree) DPR INTERNAL Headcount: 12 8:15pm - 9:30pm (Tree) DPR INTERNAL Headcount: 12	18 4:30pm - 6:00pm (Tree) Arlington Mill OSAP Headcount: 0 6:30pm - 9:30pm (Tree) Arlington Mill OSAP Headcount: 0	19 9:00am - 1:00pm Luz Valentin Headcount: 25 5:30pm - 6:00pm (Tree) DPR INTERNAL Headcount: 25 6:00pm - 6:30pm (Tree) DPR INTERNAL Headcount: 25 6:30pm - 7:00pm (Tree) DPR INTERNAL Headcount: 25	20 12:00am - 12:00pm (Tree) SPREC DPR Headcount: 5	21 9:30am - 10:15am (Internal) Little Stars!(Parent/Tot) Headcount: 12 10:30am - 11:15am (Intern) Act it Out! Headcount: 12 11:30am - 12:30pm (Intern) Dramatic Kids! Headcount: 12
22 3:30pm - 4:30pm (Tree) DPR INTERNAL Headcount: 25 4:45pm - 5:15pm (Tree) DPR INTERNAL Headcount: 25	23 8:50am - 9:50am (Tree) Arlington Mill OSAP Headcount: 20 10:10am - 11:10am (Tree) Arlington Mill OSAP Headcount: 20 11:25am - 12:15pm (Tree) Arlington Mill OSAP Headcount: 20	24 10:00am - 12:00pm (Tree) Arlington Mill OSAP Headcount: 20 7:00pm - 8:15pm (Tree) DPR INTERNAL Headcount: 12 8:15pm - 9:30pm (Tree) DPR INTERNAL Headcount: 12	25 9:00am - 1:00pm (Tree) Arlington Mill OSAP Headcount: 35 4:30pm - 6:00pm (Tree) Arlington Mill OSAP Headcount: 0 6:30pm - 9:30pm (Tree) Arlington Mill OSAP Headcount: 0	26 10:00am - 12:00pm Arlington Neighborhood Villa Headcount: 9 5:30pm - 6:00pm (Tree) DPR INTERNAL Headcount: 25 6:00pm - 6:30pm (Tree) DPR INTERNAL Headcount: 25	27 10:00am - 11:00am (Tree) Arlington Mill OSAP Headcount: 20 11:00am - 12:00pm (Tree) Arlington Mill OSAP Headcount: 20 1:00pm - 3:00pm (Tree) Arlington Mill OSAP Headcount: 15	28 9:30am - 10:15am (Internal) Little Stars!(Parent/Tot) Headcount: 12 10:30am - 11:15am (Intern) Act it Out! Headcount: 12 11:30am - 12:30pm (Intern) Dramatic Kids! Headcount: 12

Facility Calendar

June 2017 - Wellness Room at Barcroft Fitness Center (Continued)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(Continued) 4	(Continued) 5	(Continued) 6	(Continued) 7	(Continued) 8	(Continued) 9	(Continued) 10 4:00pm - 4:45pm (Internal) Pre-Ballet & Move. 2 Headcount: 12 4:55pm - 5:35pm (Internal) Mommy & Me: Let's Play Bal Headcount: 12
11	12 10:10am - 10:50am (Intern) Mommy & Me: Let's Play Bal Headcount: 12 11:00am - 11:45am (Intern) Pre-Ballet & Move. 1 Headcount: 12 4:30pm - 5:15pm (Internal) Elementary Ballet Headcount: 14 5:30pm - 6:15pm (Internal) Tap n' Ballet Headcount: 12 7:00pm - 8:00pm (Internal) Zumba Headcount: 25	13 8:00am - 10:00pm Arlington co. Voting Headcount: 25	14 10:30am - 11:15am (Intern) Little Stars! Headcount: 10 4:00pm - 5:30pm Arlington Gymnastics Progra Headcount: 15 5:45pm - 6:45pm (Internal) Restorative Yoga Headcount: 20 7:00pm - 8:30pm (Internal) Energizing Yoga Headcount: 20	15	16 10:00am - 10:40am (Intern) Dance & Prance Headcount: 12 10:50am - 11:35am (Intern) Pre-Ballet & Move. 1 Headcount: 12 4:15pm - 5:00pm (Internal) Tap n' Ballet Headcount: 12 5:15pm - 6:15pm (Internal) Ballet and Jazz Level 1 Headcount: 15 6:15pm - 7:15pm (Internal) Ballet and Jazz 2 Headcount: 15 7:15pm - 8:15pm (Internal) Beginner Zumba Headcount: 25	17 8:00am - 9:00am (Internal) Cardio/Sculpt Headcount: 30 9:05am - 10:00am (Internal) Muscle Conditioning & Sculp Headcount: 30 2:00pm - 3:45pm Arlington Gymnastics Progra Headcount: 15
18	19 10:10am - 10:50am (Intern) Mommy & Me: Let's Play Bal Headcount: 12 11:00am - 11:45am (Intern) Pre-Ballet & Move. 1 Headcount: 12 4:30pm - 5:15pm (Internal) Elementary Ballet Headcount: 14 5:30pm - 6:15pm (Internal) Tap n' Ballet Headcount: 12 7:00pm - 8:00pm (Internal) Zumba Headcount: 25	20 10:15am - 10:45am (Intern) Learn Now Music- Little Fing Headcount: 10 11:00am - 11:30am (Intern) Learn Now Music: My 1st Mu Headcount: 10 4:15pm - 5:00pm (Internal) Pre-Ballet & Move. 2 Headcount: 12 5:10pm - 6:10pm (Internal) Feldenkrais Headcount: 20 6:30pm - 7:15pm (Internal) Abs & Arms Workout Headcount: 30 7:20pm - 8:20pm (Internal) Feldenkrais Headcount: 20	21 4:00pm - 5:30pm Arlington Gymnastics Progra Headcount: 15 5:45pm - 6:45pm (Internal) Restorative Yoga Headcount: 20 7:00pm - 8:30pm (Internal) Energizing Yoga Headcount: 20	22	23 5:15pm - 6:15pm (Internal) Ballet and Jazz Level 1 Headcount: 15 6:15pm - 7:15pm (Internal) Ballet and Jazz 2 Headcount: 15 7:15pm - 8:15pm (Internal) Beginner Zumba Headcount: 25	24 8:00am - 9:00am (Internal) Cardio/Sculpt Headcount: 30 9:05am - 10:00am (Internal) Muscle Conditioning & Sculp Headcount: 30 2:00pm - 3:45pm Arlington Gymnastics Progra Headcount: 15
25	26 9:00am - 12:15pm Arlington Gymnastics Progra Headcount: 25	27 9:00am - 9:45am Arlington Gymnastics Progra Headcount: 25	28 9:00am - 12:15pm Arlington Gymnastics Progra Headcount: 25	29 9:00am - 12:15pm Arlington Gymnastics Progra Headcount: 25	30 9:00am - 12:15pm Arlington Gymnastics Progra Headcount: 25	

Facility Calendar

May 2017 - Wellness Room at Walter Reed Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 11:00am - 12:00pm (Intern) Mom & Toddler Workout Headcount: 12 2:00pm - 3:00pm Walter Reed OSAP Headcount: 20 5:00pm - 6:30pm (Internal) Yoga for Flexibility, Strength Headcount: 16 6:30pm - 8:00pm (Internal) Yoga for Flexibility, Strength Headcount: 16	2 9:50am - 10:40am (Internal) Postpartum Yoga with Baby Headcount: 12 11:00am - 12:00pm Walter Reed OSAP Headcount: 20 4:30pm - 5:30pm (Internal) Ballet and Jazz Level 1 Headcount: 15 5:45pm - 6:30pm (Internal) Healthy Hips Headcount: 25 6:30pm - 7:30pm (Internal) Step Aerobics Headcount: 25 7:35pm - 8:35pm (Internal) Zumba Headcount: 25	3 9:30am - 12:00pm Walter Reed OSAP Headcount: 20 2:00pm - 3:00pm Walter Reed OSAP Headcount: 20 7:05pm - 7:50pm (Internal) Knee Rehab on the Step Headcount: 25 8:00pm - 9:00pm (Internal) Yoga Level 1 Headcount: 25	4 11:00am - 12:00pm Walter Reed OSAP Headcount: 20 2:00pm - 3:00pm Walter Reed OSAP Headcount: 20 7:35pm - 8:35pm (Internal) Step Aerobics Headcount: 25	5 8:30am - 9:30am Walter Reed OSAP Headcount: 20 11:00am - 12:30pm Walter Reed OSAP Headcount: 25 1:15pm - 3:15pm Walter Reed OSAP Headcount: 20	6 9:30am - 10:15am (Internal) Music Together Headcount: 13 10:30am - 11:15am (Intern) Music Together Headcount: 13 11:30am - 12:15pm (Intern) Music Together Headcount: 13
7 10:00am - 10:40am (Intern) Mommy & Me: Let's Play Bal Headcount: 12 10:50am - 11:35am (Intern) Pre-Ballet & Move. I Headcount: 12 11:40am - 12:25pm (Intern) Elementary Ballet Headcount: 14 4:45pm - 5:30pm (Internal) Tap n' Ballet Headcount: 12 5:45pm - 6:45pm (Internal) Pure Stretch Headcount: 25 6:55pm - 7:55pm (Internal) Better Arms for Everyone Headcount: 25 7:55pm - 8:55pm (Internal) Ballet Barre Headcount: 20	8 11:00am - 12:00pm (Intern) Mom & Toddler Workout Headcount: 12 2:00pm - 3:00pm Walter Reed OSAP Headcount: 20 5:00pm - 6:30pm (Internal) Yoga for Flexibility, Strength Headcount: 16 6:30pm - 8:00pm (Internal) Yoga for Flexibility, Strength Headcount: 16	9 9:50am - 10:40am (Internal) Postpartum Yoga with Baby Headcount: 12 11:00am - 12:00pm Walter Reed OSAP Headcount: 20 4:30pm - 5:30pm (Internal) Ballet and Jazz Level 1 Headcount: 15 5:45pm - 6:30pm (Internal) Healthy Hips Headcount: 25 6:30pm - 7:30pm (Internal) Step Aerobics Headcount: 25 7:35pm - 8:35pm (Internal) Zumba Headcount: 25	10 9:30am - 12:00pm Walter Reed OSAP Headcount: 20 2:00pm - 3:00pm Walter Reed OSAP Headcount: 20 7:05pm - 7:50pm (Internal) Knee Rehab on the Step Headcount: 25 8:00pm - 9:00pm (Internal) Yoga Level 1 Headcount: 25	11 11:00am - 12:00pm Walter Reed OSAP Headcount: 20 2:00pm - 3:00pm Walter Reed OSAP Headcount: 20 7:35pm - 8:35pm (Internal) Step Aerobics Headcount: 25	12 8:30am - 9:30am Walter Reed OSAP Headcount: 20 11:00am - 12:30pm Walter Reed OSAP Headcount: 25 1:15pm - 3:15pm Walter Reed OSAP Headcount: 20	13 9:30am - 10:15am (Internal) Music Together Headcount: 13 10:30am - 11:15am (Intern) Music Together Headcount: 13 11:30am - 12:15pm (Intern) Music Together Headcount: 13
14 10:00am - 10:40am (Intern) Mommy & Me: Let's Play Bal Headcount: 12 10:50am - 11:35am (Intern) Pre-Ballet & Move. I Headcount: 12	15 11:00am - 12:00pm (Intern) Mom & Toddler Workout Headcount: 12 2:00pm - 3:00pm Walter Reed OSAP Headcount: 20	16 9:50am - 10:40am (Internal) Postpartum Yoga with Baby Headcount: 12 11:00am - 12:00pm Walter Reed OSAP Headcount: 20	17 9:30am - 12:00pm Walter Reed OSAP Headcount: 20 2:00pm - 3:00pm Walter Reed OSAP Headcount: 20	18 11:00am - 12:00pm Walter Reed OSAP Headcount: 20 2:00pm - 3:00pm Walter Reed OSAP Headcount: 20	19 8:30am - 9:30am Walter Reed OSAP Headcount: 20 11:00am - 12:30pm Walter Reed OSAP Headcount: 25	20 9:30am - 10:15am (Internal) Music Together Headcount: 13 10:30am - 11:15am (Intern) Music Together Headcount: 13

May 2017 - Wellness Room at Walter Reed Center (Continued)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(Continued) 14 11:40am - 12:25pm (Intern) Elementary Ballet Headcount: 14 4:45pm - 5:30pm (Internal) Tap n' Ballet Headcount: 12 5:45pm - 6:45pm (Internal) Pure Stretch Headcount: 25 6:55pm - 7:55pm (Internal) Better Arms for Everyone Headcount: 25 7:55pm - 8:55pm (Internal) Ballet Barre Headcount: 20	(Continued) 15 5:00pm - 6:30pm (Internal) Yoga for Flexibility, Strength Headcount: 16 6:30pm - 8:00pm (Internal) Yoga for Flexibility, Strength Headcount: 16	(Continued) 16 4:30pm - 5:30pm (Internal) Ballet and Jazz Level 1 Headcount: 15 5:45pm - 6:30pm (Internal) Healthy Hips Headcount: 25 6:30pm - 7:30pm (Internal) Step Aerobics Headcount: 25 7:35pm - 8:35pm (Internal) Zumba Headcount: 25	(Continued) 17 7:05pm - 7:50pm (Internal) Knee Rehab on the Step Headcount: 25 8:00pm - 9:00pm (Internal) Yoga Level 1 Headcount: 25	(Continued) 18 7:35pm - 8:35pm (Internal) Step Aerobics Headcount: 25	(Continued) 19 1:15pm - 3:15pm Walter Reed OSAP Headcount: 20	(Continued) 20 11:30am - 12:15pm (Intern) Music Together Headcount: 13
21 10:00am - 10:40am (Intern) Mommy & Me: Let's Play Bal Headcount: 12 10:50am - 11:35am (Intern) Pre-Ballet & Move. I Headcount: 12 11:40am - 12:25pm (Intern) Elementary Ballet Headcount: 14 4:45pm - 5:30pm (Internal) Tap n' Ballet Headcount: 12 5:45pm - 6:45pm (Internal) Pure Stretch Headcount: 25 6:55pm - 7:55pm (Internal) Better Arms for Everyone Headcount: 25 7:55pm - 8:55pm (Internal) Ballet Barre Headcount: 20	22 11:00am - 12:00pm (Intern) Mom & Toddler Workout Headcount: 12 2:00pm - 3:00pm Walter Reed OSAP Headcount: 20 5:00pm - 6:30pm (Internal) Yoga for Flexibility, Strength Headcount: 16 6:30pm - 8:00pm (Internal) Yoga for Flexibility, Strength Headcount: 16	23 9:50am - 10:40am (Internal) Postpartum Yoga with Baby Headcount: 12 11:00am - 12:00pm Walter Reed OSAP Headcount: 20 4:30pm - 5:30pm (Internal) Ballet and Jazz Level 1 Headcount: 15 5:45pm - 6:30pm (Internal) Healthy Hips Headcount: 25 6:30pm - 7:30pm (Internal) Step Aerobics Headcount: 25 7:35pm - 8:35pm (Internal) Zumba Headcount: 25	24 9:30am - 12:00pm Walter Reed OSAP Headcount: 20 2:00pm - 3:00pm Walter Reed OSAP Headcount: 20 7:05pm - 7:50pm (Internal) Knee Rehab on the Step Headcount: 25 8:00pm - 9:00pm (Internal) Yoga Level 1 Headcount: 25	25 11:00am - 12:00pm Walter Reed OSAP Headcount: 20 2:00pm - 3:00pm Walter Reed OSAP Headcount: 20 7:35pm - 8:35pm (Internal) Step Aerobics Headcount: 25	26 8:30am - 9:30am Walter Reed OSAP Headcount: 20 11:00am - 12:30pm Walter Reed OSAP Headcount: 25 1:15pm - 3:15pm Walter Reed OSAP Headcount: 20	27
28	29 12:00am - 12:00pm SPREC DPR Headcount: 50 2:00pm - 3:00pm Walter Reed OSAP Headcount: 20	30 9:50am - 10:40am (Internal) Postpartum Yoga with Baby Headcount: 12 11:00am - 12:00pm Walter Reed OSAP Headcount: 20 2:00pm - 4:00pm Langston Brown OSAP Headcount: 20	31 9:30am - 12:00pm Walter Reed OSAP Headcount: 20 2:00pm - 3:00pm Walter Reed OSAP Headcount: 20 7:05pm - 7:50pm (Internal) Knee Rehab on the Step Headcount: 25			

