

Activity Calendar

January 2018

Activities with a star* require a prepaid fee. All other activities are open to 55+ members.

Please call us if you plan on attending any upcoming activities to ensure we have a head count.

Lunch is served every weekday at noon in room 418.

Pickleball Court Schedule:
Monday: 12:30-3pm (2 courts)
Tuesday: 12:30-3pm (2 courts)
Wednesday: 10:30am-3pm (2 courts)
Thursday: 12:30-3pm (2 courts)
Friday: 10:30am-3pm (2 courts)

Monday	Tuesday	Wednesday	Thursday	Friday
1 Center Closed County Holiday	2 9:15-10:00 Strength Training RM525 9:30-11:00 Spanish Class RM411 10:00-11:00 Advisory Committee RM527 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:00-2:00 Table Tennis Game RM 10:00-12:00 Art with DPR! RM526 12:30-3:00 55+ Pickleball Drop-in GYM 1:45-2:45 Advanced Pilates* RM525	3 9:00-10:00 Senior Segments in Sixty* GYM 10:00-12:00 Table Games RM205 10:00-11:00 Rummikub RM205 10:00-12:00 Open Watercolor Studio RM526 10:15-12:45 Arlington Mill Crafters RM404 10:30-3:00 55+ Pickleball Drop-in GYM 4:30-6:00 Gentle & Meditative Yoga* RM527 7:00-8:00 Woman's Health RM527	4 9:00-11:00 Computer Help (by apt.) RM205 9:15-10:00 Strength Training RM525 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 12:00-1:30 Arabic for Beginners RM411 4:00-10:00 55+ Open Hours RM205 6:30-8:30 Knitting at Night RM205	5 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:00-11:00 55+ Pilates* RM527 10:30-3:00 55+ Pickleball Drop-in GYM 11:00-12:00 Healthy Hips* RM527 12:15-1:15 Advanced Pilates* RM525 4:00-10:00 55+ Open Hours RM205
8 9:00-12:00 Table Games RM205 9:00-10:00 Welcome Pickleball'rs GYM 10:00-12:00 Travel Sign-up RM217 10:00-11:00 Rummikub RM132 11:00-12:00 Bingo* RM411 11:45-1:00 Spanish Conversation RM413 12:30-3:00 55+ Pickleball Drop-in GYM 4:00-10:00 55+ Open Hours RM205	9 9:15-10:00 Strength Training RM525 9:30-11:00 Spanish Class RM411 10:00-11:00 English Conversation RM132 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:00-2:00 Table Tennis Game RM 10:00-12:00 Emma's Craft Corner RM205 11:00-12:00 Pet Visit with Zoe RM527 12:30-3:00 55+ Pickleball Drop-in GYM 1:45-2:45 Advanced Pilates* RM525	10 10:00-12:00 Table Games RM205 10:00-11:00 Rummikub RM205 10:00-12:00 Open Watercolor Studio RM526 10:30-1:00 Arlington Mill Crafters RM404 10:30-3:00 55+ Pickleball Drop-in GYM 7:00-8:30 Suddenly Single? RM527	11 9:00-11:00 Computer Help (by apt.) RM205 9:15-10:00 Strength Training RM525 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:45-11:30 Story Time! RM217 12:00-1:30 Arabic for Beginners RM411 12:30-3:00 55+ Pickleball Drop-in GYM 1:00-2:00 Line Dancing RM527 4:00-10:00 55+ Open Hours RM205 6:30-8:30 Knitting at Night RM205	12 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:30-3:00 55+ Pickleball Drop-in GYM 1:00-3:00 Social Ballroom Dance RM527 4:00-10:00 55+ Open Hours RM205
15 Center Closed County Holiday	16 9:15-10:00 Strength Training RM525 9:30-11:00 Spanish Class RM411 10:00-11:00 English Conversation RM132 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:00-12:00 Art with DPR! RM526 11:00-12:00 The Evergreens RM527 10:00-2:00 Table Tennis Game RM 12:30-3:00 55+ Pickleball Drop-in GYM 1:45-2:45 Advanced Pilates* RM525	17 9:00-10:00 Senior Segments in Sixty* GYM 10:00-12:00 Table Games RM205 10:00-11:00 Rummikub RM205 10:00-12:00 Open Watercolor Studio RM526 10:15-12:45 Arlington Mill Crafters RM404 10:30-3:00 55+ Pickleball Drop-in GYM 4:30-6:00 Gentle & Meditative Yoga* RM527 6:30-7:30 Options for Senior Living RM527 7:00-8:00 Fuerza Contra Alzheimer's RM205	18 9:00-11:00 Computer Help (by apt.) RM205 9:15-10:00 Strength Training RM525 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:45-11:30 Story Time! RM217 12:00-1:30 Arabic for Beginners RM411 1:00-3:30 Movies & Critics: Victoria & Abdul (PG) RM525 1:00-2:00 Line Dancing RM527 4:00-10:00 55+ Open Hours RM205 6:30-8:30 Knitting at Night RM205	19 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:00-11:00 55+ Pilates* RM527 10:00-12:00 Open Latino Dance RM404 10:30-3:00 55+ Pickleball Drop-in GYM 11:00-12:00 Healthy Hips* RM527 12:15-1:15 Advanced Pilates* RM525 4:00-10:00 55+ Open Hours RM205
22 8:50-9:50 Happy Feet* RM527 9:00-12:00 Table Games RM205 9:00-10:00 Welcome Pickleball'rs GYM 10:00-11:00 Rummikub RM132 10:10-11:10 Core Conditioning* RM527 10:30-11:15 Zumba* GYM 11:00-12:00 Bingo* RM411 11:25-12:15 Stretching* RM527 11:45-1:00 Spanish Conversation RM413 12:30-1:30 Healthy Hips, Shoulders* RM527 12:30-3:00 55+ Pickleball Drop-in GYM 1:45-2:45 55+ Pilates* RM527 3:30-5:00 Gentle & Meditative Yoga* RM527 4:00-10:00 55+ Open Hours RM205	23 9:15-10:00 Strength Training RM525 9:30-11:00 Spanish Class RM411 10:00-11:00 English Conversation RM132 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 11:00-1:00 Reducing Risk - Dementia RM527 10:00-2:00 Table Tennis Game RM 12:30-3:00 55+ Pickleball Drop-in GYM 1:00-2:00 Discount Travel Online RM404 1:45-2:45 Advanced Pilates* RM525	24 9:00-10:00 Senior Segments in Sixty* GYM 10:00-12:00 Table Games RM205 10:00-11:00 Rummikub RM205 10:00-12:00 Eat Right on a Budget RM527 10:00-12:00 Open Watercolor Studio RM526 10:30-1:00 Arlington Mill Crafters RM404 10:30-3:00 55+ Pickleball Drop-in GYM 4:30-6:00 Gentle & Meditative Yoga* RM527 7:00-8:00 Equal Housing Opportunity RM527	25 9:00-11:00 Computer Help (by apt.) RM205 9:15-10:00 Strength Training RM525 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:00-10:45 Holiday Bingo RM205 10:45-11:30 Story Time! RM217 11:00-12:00 Blood Pressure Checks RM527 12:00-1:30 Arabic for Beginners RM411 4:00-10:00 55+ Open Hours RM205 6:30-8:30 Knitting at Night RM205	26 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:00-11:00 55+ Pilates* RM527 10:30-3:00 55+ Pickleball Drop-in GYM 11:00-12:00 Mindfulness: Pres. RM411 11:00-12:00 Healthy Hips* RM527 12:15-1:15 Advanced Pilates* RM525 1:00-3:00 Social Ballroom Dance RM527 4:00-10:00 55+ Open Hours RM205
26 8:50-9:50 Happy Feet* RM527 9:00-12:00 Table Games RM205 9:00-10:00 Welcome Pickleball'rs GYM 10:00-11:00 Rummikub RM132 10:10-11:10 Core Conditioning* RM527 10:30-11:15 Zumba* GYM 11:00-12:00 Bingo* RM411 11:25-12:15 Stretching* RM527 11:45-1:00 Spanish Conversation RM413 12:30-1:30 Healthy Hips, Shoulders* RM527 12:30-3:00 55+ Pickleball Drop-in GYM 1:45-2:45 55+ Pilates* RM527 3:30-5:00 Gentle & Meditative Yoga* RM527 4:00-10:00 55+ Open Hours RM205	30 9:15-10:00 Strength Training RM525 9:30-11:00 Spanish Class RM411 10:00-11:00 English Conversation RM132 10:00-11:00 Rummikub RM205 10:00-12:00 Table Games RM205 10:00-2:00 Table Tennis Game RM 10:00-12:00 Emma's Craft Corner RM205 12:30-3:00 55+ Pickleball Drop-in GYM 1:45-2:45 Advanced Pilates* RM525	31 9:00-10:00 Senior Segments in Sixty* GYM 10:00-12:00 Table Games RM205 10:00-11:00 Rummikub RM205 10:00-12:00 Open Watercolor Studio RM526 10:30-1:00 Arlington Mill Crafters RM404 10:30-3:00 55+ Pickleball Drop-in GYM 4:30-6:00 Gentle & Meditative Yoga* RM527 7:00-8:00 Social Art Swap RM526		