



AURORA HILLS 55+ SENIOR CENTER

735 S. 18th Street
Arlington, Virginia 22202
703-228-5722

JANUARY 2018

Registration Fees:
55+ Arlington Residents: \$20/\$60* **Household \$30/\$90***
Non-Arlington Resident: \$45/\$90* **Household \$65/\$135***
 *55+ GOLD Pass also provides access to all fitness equipment.
 You must be registered and have a current "55+ Pass" to be able to participate in our programs and classes.
 Registration also accepted online (enter search term 55+ Pass).

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 HOLIDAY CLOSED	2 *9:30-10:30 Cardio Tone MR Exercise	3 Registration *10-11 Gentle Hatha Yoga TR *10-1:30 Duplicate Bridge MR 10-1:30 Foursome Bridge KIT	4 *11-12 Cardio Tone MR Exercise	5
8 10-12:30 Yarn Crafters MR 11:30-1 Advisory Committee TR Meeting 1-2:45 Movie: Enchanted MR April (PG-13) 2-3 Tai Chi Practice TR	9 *9:30-10:30 Cardio Tone MR Exercise	10 *10-1:30 Duplicate Bridge MR 10-1:30 Foursome Bridge KIT	11 *11-12 Cardio Tone MR Exercise	12 10:30-11:30 Line Dancing TR
15 HOLIDAY CLOSED	16 *9:30-10:30 Cardio Tone MR Exercise	17 10-12:15 Mac, iPhone, iPad appts. RA *10-11 Gentle Hatha Yoga TR *10-1:30 Duplicate Bridge MR 10-1:30 Foursome Bridge KIT 11:30-12:30 Comedy Club TR	18 *11-12 Cardio Tone MR Exercise	19 10:30-11:30 Line Dancing TR
22 *10-11 Gentle Hatha Yoga TR 10-12:30 Yarn Crafters MR 1-2 Vision Board TR 2-3 Tai Chi Practice MR	23 *9:30-10:30 Cardio Tone MR Exercise	24 *10-11 Gentle Hatha Yoga TR *10-1:30 Duplicate Bridge MR 10-1:30 Foursome Bridge KIT 1:30-2:30 Environmental TR Destruction	25 *11-12 Cardio Tone MR Exercise	26 10:30-11:30 Line Dancing TR 10:30-12:45 Movie: The Zoo Keeper's MR Wife (PG-13)
29 *10-11 Gentle Hatha Yoga TR 10-12:30 Yarn Crafters MR 1-2 Celebrate Winter TR Squash 2-3 Tai Chi Practice MR	30 *9:30-10:30 Cardio Tone MR Exercise	31 10-12:15 Mac, iPhone, iPad appts. RA *10-11 Gentle Hatha Yoga TR *10-1:30 Duplicate Bridge MR 10-1:30 Foursome Bridge KIT	TR = Training Room KIT = Kitchen MR = Main Room OS = Outside RA = Reception Area * = PROGRAM HAS FEE	

INCLEMENT WEATHER CLOSING
For information on delayed openings and cancellations, call our hotline at 703-228-4715 or phone the center.

"PAINT, BUILD, CREATE!" A day of creative exploration! **Saturday, Jan. 20th 11-2** Fairlington Community Center